



CHOITHRAM COLLEGE OF NURSING

Accredited by NAAC, Affiliated to INC, MPNRC Bhopal, MPMSU Jabalpur
Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



● Phone: 0731-2362491 to 99, ● Ext. No.: 407/578
● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

3.5.2 Total number of Functional MoUs with Institutions/ Industries in India and abroad for academic, clinical training / internship, on-the job training, project work, student / faculty exchange, collaborative research programmes etc. year-wise during the last five years.

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3.5.2 (QnM) Total number of functional MoUs/linkages with institutions/industries in India and abroad for academics, clinical training, internship, on the job training, project work, student/faculty exchange, collaborative research programmes etc. during 2018-19

Year of commencement of the MoU	Title of the MoU	Name of the partnering institution/ industry /research lab/corporate house with contact details	Duration
2018 - 2019	Hospital based Cancer Registries- Data Management Software	ICMR-National Centre for Disease Informatics and Research	05 years
	CCH PROGRAM 27th Nov.2019	IGNOU -NHM	3 YEARS
	Social welfare	Spandan	04 years
	Social welfare	IDSSS	04 years
	Student welfare	Mar Gregarious Memorial HS School, Indore	04years
	Student welfare	SBPASS	04 years
	Mental Health, Socila upliftment and communal Harmony	MEHA	04 years
	Youth welfare	Youth with a Mission YWAM	04years





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2019-20	Hospital based Cancer Registries- Data Management Software	ICMR-National Centre for Disease Informatics and Research	03 years
	CCH PROGRAM 27th Nov.2019	IGNOU -NHM	02 YEARS
	Social welfare	Spandan	03years
	Social welfare	IDSSS	03 years
	Student welfare	Mar Gregarious Memorial HS School, Indore	03 years
	Student welfare	SBPASS	03years
	Mental Health, Socila upliftment and communal Harmony	MEHA	03 years
	Youth welfare	Youth with a Mission YWAM	03years





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2020-21	Hospital based Cancer Registries- Data Management Software	ICMR-National Centre for Disease Informatics and Research	03 year
	CCH PROGRAM 27th Nov.2019	IGNOU -NHM	01 Year
	Social welfare	Spandan	02years
	Social welfare	IDSSS	02 years
	Student welfare	Mar Gregarious Memorial HS School, Indore	02 years
	Student welfare	SBPASS	02years
	Mental Health, Socila upliftment and communal Harmony	MEHA	02 years
	Youth welfare	Youth with a Mission YWAM	02 years





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2021-22	Research Collaboration	RFI	02 years
	Hospital based Cancer Registries- Data Management Software	ICMR-National Centre for Disease Informatics and Research	02 year
	CCH PROGRAM 27th Nov.2019	IGNOU -NHM	01 Year
	Social welfare	Spandan	01year
	Social welfare	IDSS	01 year
	Student welfare	Mar Gregarious Memorial HS School, Indore	01 year
	Student welfare	SBPASS	01 year
	Mental Health, Socila upliftment and communal Harmony	MEHA	01 year
	Youth welfare	Youth with a Mission YWAM	01 year





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2022 - 2023	Social welfare, health, awareness, academics	SBPASS and CCON
	Research Collaboration	RFI
	Self defence/ Women safety	Danam foundation





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Report of activity under each MoUs 2018-19

Collaborative activity under MoU
2018-19

WORLD SUICIDE PREVENTION DAY

Date: 10th September 2018
Venue: Kunti Mathur Auditorium,
Vijay nagar, Indore (M.P.)
Beneficiaries: School and college students

An Awareness program was conducted by Choithram College of Nursing in collaboration with Spandan – “Life Moves On”(center for suicide Prevention) on occasion of “World Suicide Prevention Day” on 10th September at Kunthi Mathur Auditorium from 9 am to 2 pm, in which many school going and college students of various institutes. M.Sc. Nursing previous and final year students of Choithram College of Nursing had participated. Following were the agenda:

- Inter school debate competition on the topic: “It is important to consciously seek happiness”.
- Panel discussion on “science behind emotions and importance of negative emotions”.
- Publishing results of mental health awareness survey- Madhya Pradesh.

Overall 26 participants participated from 17 Schools enthusiastically in Inter School Debate Competition. Dr. Akansha and Prof. Lalita (Educationist, DAVV) were the judges of the debate competition. Dr. Shrikant Reddy (psychiatrist) and Dr. Shreya (psychologist) were the panelist. Panel discussion was followed by question and answering session from the audience. A short film named “Baat Kare” was released. The report presentation of the results of mental health awareness survey was presented by Prof. Blessy Antony. Program was winded up by the prize distribution and blessings of Shri V.S Kokje (International President of Vishwa Hindu Parishad).





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MENTAL HEALTH AWARENESS WEEK 2018

THEME: "YOUNG PEOPLE AND MENTAL HEALTH IN CHANGING WORLD"

Date: 6/10/2018

Venue: M.G.M. Higher Secondary School, Indore

Beneficiaries: School Students and Faculty

On 6/10/2018, Department of Mental Health Nursing in collaboration with MEHA (Mental Health Alliance Samiti) conducted an awareness program for school students in M.G.M School, Indore. The awareness program was conveyed through street play based on the theme of Mental Health Week, 2018 by B.Sc. and M.Sc. Nursing students. Prof. Blessy Antony interacted with students and discussed the adolescent issues with them through slide show. Students also shared the challenges they are facing in the adolescent age. Prof. Blessy Antony concluded the session by teaching students the relaxation technique. Rev.Fr. Abish Chacko (Principal, MGM) and Rev.Fr. Jose Chemmen (Administrator, M.G.M) who were present during the program appreciated the effort and encouraged to have such activities in future too. Around 80-100 students and faculty actively participated in the program.





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INTERNATIONAL DAY OF PERSONS WITH DISABILITIES

Venue – IDSSS, Indore

Date – 3/12/2018

Time – Morning 10 am to 4pm

Beneficiaries: especially abled children and their parents, staff of IDSSS and the students of NCC and NSS of St. Paul's Institute of Professional

In collaboration with Choithram College of Nursing and IDSSS, on “International Day of Persons with Disabilities” a program was conducted at IDSSS, Indore on 03/12/18. The theme of this day was “Empowering persons with disabilities and ensuring inclusiveness and equality”. Bishop T. J Chacko, President of IDSSS, Indore was the chief guest. Father Mukesh and Sister Arokya Mary co-ordinated the program. Under the guidance of Dr. Usha Ukande, Principal, Prof. Blessy Antony, H.O.D. of Psychiatric Nursing, Choithram College of Nursing Mrs. Ramya Pillai Asst. Lecturer of Psychiatric nursing department took a small interactive session on the topic myths, facts, categories and management of “Mental Retardation”. The audience were the especially abled children and their parents, staff of IDSSS and the students of NCC and NSS of St. Paul's Institute of Professional studies. Children showed great enthusiasm by actively participating in various activities such as singing, dancing, playing games etc. and made this programme a success. All the children received small gift from the Bishop T. J Chacko as a token of appreciation.





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SCHOOL HEALTH PROGRAMS

DATE:- 06/02/2018 – 08/02/2018

VENUE:- MGM SCHOOL, KHAJARANA, INDORE

BENEFICIARIES:- 642 STUDENTS

TIME:-. 10 AM – 1 PM

School Health Program at MGM school Khajrana, Indore- three days school health program was organized at MGM school khajrana, Indore Under the direction of Dr Usha Ukande, Prof Aradhna Michael, Prof. Sheetal Saxena. The camp was aimed to assess the health status of school children. In the school, students of class Nursery to 12th were examined for height, weight and BMI. Visual acuity were also checked using snellens chart. They were examined for dental caries Students were taught about proper hygiene through posters. Hand washing practice was demonstrated by M Sc. Nursing students to the students. Adolescent girls were explained about the menstrual hygiene and related health problems. The total students were 642 from which 422 were boys and 220 were girls.

As per signed M.O. U. a school health program was organized on 6th February 2018 at Mar Gregorious Memorial Higher Secondary School Khajrana. Under the guidance of Dr Usha Ukande, Prof Sheetal Saxena and school Principal Mrs Sheeja Varghese, M. Sc. Nursing previous students participated in the school health program. The program was started with a skit; Theme of the skit was **Cancer**. Through the skit message of causes, sign and symptoms, diagnosis and prevention was given to the students.

Skit was followed by physical examination of students. About 100 school students were examined on the day. During the physical examination height, weight, & BMI of the students calculated. Visual acuity was also checked by Snellen's chart. Side by side students were taught about personal hygiene, problems and issues of adolescents and cancer with the help of posters and flexes. After the physical examination students and faculty was served with snacks. Program was ended by 1pm.





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NEW BORN WEEK CELEBRATION

Date: 20/11/2018

Venue: Indore Diocese Social Service Society (IDSS)

Theme: " Preterm birth survive and thrive"

Beneficiaries: 70

Time: 10 am – 1 pm

"A newborn is pure like an angel, the buds of life ready to bloom."

Newborn health is of Paramount importance as this contributes to reduce infant mortality rate. On 20th Nov 2018 the Child Health Nursing in collaboration with Indore Diocese Social Service Society(IDSS), Fr Philip and Sister Arokya Mary under the expert guidance of Dr Usha Ukande , Principal conducted a skill enhancement training on KMC and its techniques, Prevention of Hypothermia and importance of Breast feeding for Anganwadi workers, ASHA workers, USHA workers and social workers. B.Sc nursing third year students performed an innovative skit on Pre term care in Musakhedi. Prof. Shreeja Vijayan, HOD, Asso.Prof. Rakhi Chandel, Asst. Lecturer Saranya S were the coordinators. Overall 70 beneficiaries were benefitted.





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CANCER AWARENESS PROGRAMME

Date	4 th February 2018
Venue	Indore Diocese Social Service Society [IDSS] at Triveni Nagar, Indore
Participants	M.Sc. Nursing and B.Sc. Nursing students.
Beneficiaries	General Population

The Medical Surgical Nursing Department of Choithram College of Nursing and Choithram Hospital & Research centre collaboratively organized an cancer awareness programme with Indore Diocese Social Service Society [IDSS] at Triveni Nagar, Indore. Dr. Rajendra Anjane, Senior Consultant, Dept.of Oncology and Dr. Gaurav Gupta Consultant, Dept of Respiratory Medicine from Choithram Hospital and Research Centre, had given a health talk regarding cancer and its prevention. Also performed Health check up, Spirometry test, smoklyzer test and distribution of Nicotex tablets in the health camp. Counselling and breast self examination was conducted and demonstrated by M.Sc. Nursing students. They also performed a skit on cancer.





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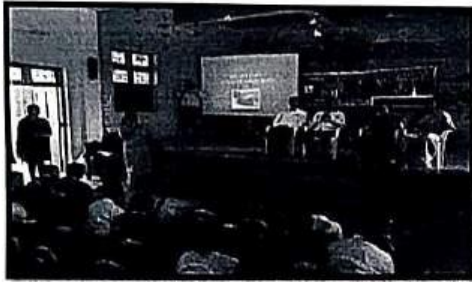
WORLD HEART DAY 29th September 2018 THEME - "My heart Ur Heart"

Date	29 th September 2018
Venue	St. Theresa Church Pushpa Nagar, Indore
Participants	30 B.Sc. Nursing and M.Sc. Nursing students.
Beneficiaries	40 community people

World Heart Day was observed on 29th September, 2018. The theme for this year was "My heart Ur Heart". The Medical Surgical Nursing Department of Choithram College of Nursing and Choithram Hospital & Research centre collaboratively organized an awareness programme with Indore Diocese Social Service Society [IDSS], Fr. Philip and Fr. Mukesh at St. Theresa Church Pushpa Nagar, Indore under the guidance of Dr. Usha Ukande, Principal.

During the program, Dr. Sagheer Ahmed, Senior Consultant CHRC had given a health talk regarding heart diseases and its prevention in which he threw light on "I care for my heart U also care". Health check-up, Blood sugar test, blood Pressure monitoring and CPR 10 demonstration was also carried out during the health camp.

Around 30 students of high school and 40 community people took the benefit of the health camp.





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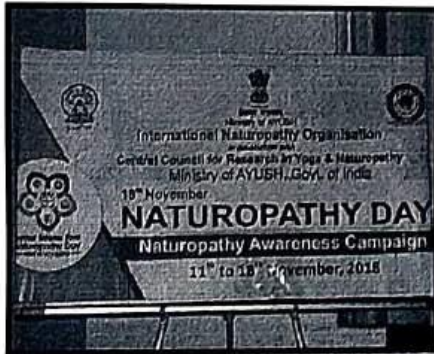
NATUROPATHY DAY 18 NOVEMBER 2018

Date	18 November 2018
Venue	Choithram hospital auditorium
Participants	B.Sc. Nursing 2 nd year students
Beneficiaries	College Students

Medical-Surgical Nursing department observed First National Naturopathy day on 19 November 2018. A lecture was organized on importance of naturopathy.

The speakers for the event were Dr.A. K Jain, Holistic therapist, Dr. Brijesh Gupta and Dr. Manish Sharma B.sc in Naturopathy and Yogic, Sunderbai Phoolchandji Adarsh Shiksha Sanathan, Indore.

They spoke about Naturopathy & stated that Naturopathy says that in every human organism there is a healing energy, which includes our immune system in the fuller sense of both the physical and the psyche, which is responsible for our wellness and our ability to heal and maintain health.





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INTERNATIONAL DAY OF PERSONS WITH DISABILITIES

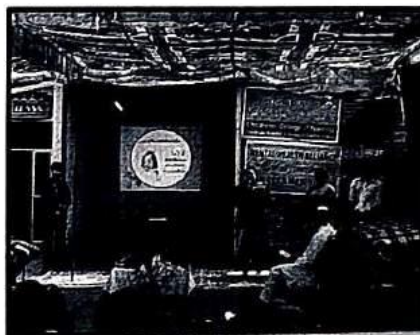
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Date – 3/12/2018

Time – Morning 10 am to 4pm

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NEW BORN WEEK CELEBRATION

15th -21st Nov 2018

Theme "Preterm birth survives and thrive."

"PREEMIES: Prove them wrong our little FIGHTERS!!"

Every year, an estimated 15 million babies are born preterm and thus this number is rising day by day. In the continuation of the New Born Week Celebration an another activity has been conducted to create awareness, and Confidence among the parents of preterm babies, Child health Nursing department of Choithram College of Nursing in collaboration with Paediatric department of Choithram Hospital & Research Centre , Dr.Kamna Jain, Dr. Shikar Jain , Dr. Rashmi Shad & Dr. Usha Ukande & Prof Shreeja Vijayan ,organized a Parental training programme for the preemies admitted in NICU of Choithram Hospital & Research Centre. M.Sc. Nursing students demonstrated techniques on -KMC, Breastfeeding and prevention of hypothermia. Parents enthusiastically participated and their doubts were cleared regarding the same. Prof. Shreeja Vijayan, Asst.Prof. Rakhi Chandel, Asst.Lect Saranya.S & Asst.Lect Juby Jacob were the main Coordinators.

On 20th Nov 2018 the Child Health Nursing department, of Choithram college of Nursing in collaboration with, Indore Diocese Social Service Society [IDSS], Fr. Philip and Sister Arokya Mary under the expert guidance of Dr. Usha Ukande, Principal conducted a skill enhancement training on KMC and its technique, Prevention of Hypothermia and importance of Breast feeding for the Anganwadi workers, ASHA workers, USHA workers and Social Workers. B.Sc. Nursing third year students performed an innovative skit on Pre term Care in MUSAKHEDI and M.Sc. Nursing previous year has also contributed for the same. Prof Shreeja Vijayan HOD, Asso. Prof Rakhi Chandel, Asst.lect Saranya.S and Asst.lect Juby Jacob were the coordinators. Overall, 70 beneficiaries were benefited.





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Report of activity under each MoUs 2019-20

WORLD AIDS DAY 2019

DATE :1ST DECEMBER 2019

VENUE: SEVA ASHRAM SCHOOL,

PIPRI BENEFICIARIES:- 100

Choithram College of Nursing observed World AIDS day on December 2nd, 2019. The theme for this year was "Communities Make the Difference" which laid emphasis on awareness, motivation and prevention that several communities and organizations are undertaking. A skit was performed by the B.Sc. nursing 2nd year Students of Choithram College of Nursing and Group Interaction and counselling was given to the village people. A health camp was also conducted which benefited the adolescent school children and people of Pipri village.





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WORLD AIDS DAY 2019

DATE : 1ST DECEMBER 2019

VENUE: SEVA ASHRAM SCHOOL,

PIPRI BENEFICIARIES:- 100

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THALASSEMIA REPORT

On 29/06/2019 MSc. Nursing 1st year students, Participated in program on Thalassemia Awareness at Buddies Café, Indore. The program was sponsored by Thalassemia Child Welfare Group (TCWG) under the presidential leadership of Dr. Rajani Bhandari, and secretary Mrs. Purnima Raut. The theme was "Dance for Cause" in which students danced and signed on a backdrop where the pledge was stated as *"I pledge that I will spread maximum awareness about prevention of thalassemia to help India become thalassemia free by 2025"*. This was the complete package of dance on music played randomly. Choithram College of Nursing honored with the memento for maximum entries. Prof. Sheetal Saxena, Officiating Principal and Mrs. Rakhi Chandel, Asso. Professor coordinated the program.





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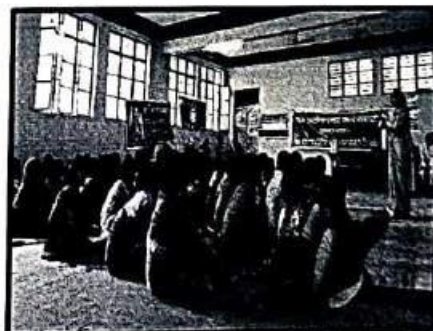
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MENTAL HEALTH AWARENESS WEEK 2019

Theme: Mental Health Prevention: Suicide Prevention

Venue – Indore diocese of Social Service and society,
Pithampur Date – 10/10/2019
Time – Morning 10 am to 2 pm
Beneficiaries: 50 women Workers of IDSSS, Pithampur

World mental health week was observed by Choithram College of Nursing on 10th and 11th October, 2019. World Mental Health day is celebrated every year on 10th October. The theme for this year given by WHO is “**Mental health promotion and suicide prevention**” Keeping this theme in mind, Mental Health Nursing Department has conducted an awareness program in the form of talk and a skit. The program was guided by Prof. Sheetal Saxena, Principal and Mrs. Vaishali Tiwari, HOD, Mental Health Nursing Department. On 10th October with the collaboration of IDSSS (Indian Diocese of Social Service and society) an awareness program was conducted at IDSSS unit Pithampur among women health workers. Discussion was based on Sensitization on mental health and illness, suicide prevention and stress and its management. Skit was based on myths and facts about mental illness performed by B.S c Nursing III year students. More than 50 women's attended and got benefitted. Father Mukesh, Director, IDSSS and Sister Arokya Mary, Asst. Director were also present to grace the occasion. Audience enthusiastically cleared all the doubts and encouraged the program. Program ended with light refreshment.





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● Principal: +91-731-4939909

E-mail : cconursing@yahoo.co.in, choithramoffice@gmail.com
Webiste : www.choithramnursing.com

BREAST FEEDING AWARENESS PROGRAMM IN MUSAKHEDI, INDORE IN THE COLABORATION WITH IDSS

Day – 5 06/08/19

“Empower Parents, Enable Breastfeeding”

To strengthen the parents and achieve the goal of exclusive breast feeding till 6 months awareness among the general population is very necessary. To fulfil this objective Choithram College of Nursing in Collaboration with IDSS (Indore Daises of Social Service) conducted an Awareness program in community Hall of Shiv Nagar, Musakhedi, where students performed a skit in which majorly they emphasized on Advantages of Breast Feeding, diet for mother during lactation period and family support to sustain the breast feeding till 6 months. Ms. Neha Sharma, MSc nursing, student interacted with the group of antenatal and post natal mothers. During this program, Mrs. Rekha Yadav, councillor of Shiv Nagar was also present and she motivated the mothers regarding Breast Feeding. Sr. Arogya Marry, Wise President of IDSS and Mrs. Rakhi Chandel Assoc.Professor, CCON, coordinated the program.





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WORLD AIDS DAY 1st DECEMBER, 2019

THEME - "Communities Make the Difference"

Date	2 nd December, 2019
Venue	Seva Ashram school, Pipri
Participants	B.Sc. Nursing Students
Beneficiaries	More than 100 Students

Choithram College of Nursing observed World AIDS day on 2nd December, 2019. The theme for this year was "Communities Make the Difference" which laid emphasis on awareness, motivation and prevention that several communities and organizations are undertaking. The program was organized by the Department of Medical Surgical Nursing under the guidance of Principal Prof. Aradhana Michael and HOD Prof. Shweta Pattnaik in collaboration with Indore Diocese of Social Service Society (IDSSS) at Seva Ashram school, Pipri. The program started with a rally. A small introduction about HIV/AIDS was given by Fr. Mukesh.

A skit was performed by the B.Sc. nursing 2nd year Students of Choithram College of Nursing and Group Interaction and counselling was given to the village people. A health camp was also conducted which benefited the adolescent school children and people of Pipri village. More than 100 people benefited from this program.





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Report of activity under each MoUs 2022-23

CHOITHRAM COLLEGE OF NURSING

Name of the event-Seminar on -	Basics of Intellectual Property Rights (IPR)
Date -	15 th November 2022
Time -	10:00 am to 1:00 pm
Venue -	Meeting Room, CCON
No of attendees -	College Faculty Members

Intellectual property rights are the rights given to persons over the creations of their minds.

On November 15, 2022, IQAC Cell of Choithram College of Nursing Indore hosted an enlightening Seminar aimed at fostering awareness among educators about the "Basics of Intellectual Property Rights (IPR)". Dr. Ajay Jain, National Coordinator at the Research Foundation of India and Professor in the Computer Science Department at Shree Cloth Market Commerce Girls College in Indore, served as the distinguished speaker for this significant event.

CHOITHRAM COLLEGE OF NURSING, INDORE
ORGANIZES
Resource Person
Dr. Ajay Jain
National Coordinator
Research Foundation of India
Professor, Computer Science Department
Shree Cloth Market Commerce Girls College, Indore



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Before the seminar's initiation, a traditional lamp-lighting ceremony accompanied by Saraswati Vandana set the auspicious tone. Professor Sheetal Saxena, Head of the Community Health Nursing Department, delivered the welcoming address, while Professor Rakhi Chandel, Head of the Nursing Foundation Department, extended a symbolic welcome to the esteemed resource person through the planting of a sapling.



During the seminar, Dr. Ajay Jain explained the significance of Intellectual Property Rights (IPR) and emphasized the importance of educators being well-versed in this domain. He dealt with the various types of intellectual properties, providing insightful descriptions, and engaged with faculty members who posed questions, all of which were adeptly addressed by Dr. Ajay Jain.





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Report on Expert Lecture series

Topic: Alternative system (Modalities) of Health and Complementary therapies.

Date: 18/1/23 - 1/1/23

Time: 11:00-1:00PM

Beneficiaries: 70 B.Sc. (N) III yr. and 5 M.Sc. (N) Previous yr.

Venue: Class Room (UG Block)

Traditional medicine is defined as an amalgamation of knowledge, skill, and practices based on theories, beliefs, and experiences indigenous to different cultures, whether explicable or not, used for therapeutic, restorative, prevention, diagnosis and maintenance of physical and mental health. These systems are recognised globally for complementing disease prevention, treatment and generic health maintenance. AYUSH, an acronym for Ayurveda, Yoga and Naturopathy, Unani, Siddha, Sowa-Rigpa and Homeopathy represents the alternative systems of medicine recognized by the Government of India. Understanding the patterns of utilization of AYUSH care has been important for various reasons including an increased focus on its mainstreaming and integration with biomedicine-based health care system.

Keeping this mind Choithram College of Nursing has Organized a series of expert lecture on the topic "**Alternative system (Modalities) of Health and Complementary therapies**" from 18/1/23-21/1/23 with the collaboration of **Sunderbai Phoolchand Adarsh Shikshan Sansthan (SBPASS), Bairathi Colony, Indore** under the guidance of Dr. (Prof.) Aradhana Michael, Principal Choithram College of Nursing by department of Mental Health Nursing. This lecture series was delivered by **Dr. Antim Kumar Jain, Director, (SBPASS), Indore.**

During this lecture series, Dr. Jain has covered the topics such as Naturopathy, Reflexology, Colour and Seed therapy, Pet therapy, Magnet therapy, Acupressure- acupuncture, and AYUSH, along with demonstration. All the sessions were very informative, students were actively participated during sessions and were very enthusiastic and curious about new alternative modalities of treatment of various diseases.





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REPORT WORLD AIDS DAY 1ST DECEMBER, 2023

Date	: 1 st December 2023
Time	: 9:30-1:00pm
Venue	: Indore Diocese Social Service Society, Indore
Participants	: B.Sc. Nursing Third year Students, all faculty members
Beneficiaries	: Village peoples of shiv nagar

Choithram College of Nursing observed World AIDS day on 1st December, 2023. The theme for this year was **"Let Communities Lead"** which laid emphasis on awareness, motivation and prevention that several communities and organizations are undertaking.

On this occasion, under the guidance of Principal Dr. (Prof.) Aradhana Michael, program was conducted for B.Sc. Nursing second year and third year students. Today's Awareness Program: - Rally, Slogan and Street Play were organized by RRC Club, NSS and Medical Surgical Nursing Department in collaboration with Indore Diocese Social Service Society Indore under the supervision of Professor Shweta Patnaik and Professor Rakhi Chandel. Intercollegiate Rangoli and Poster Competition were organized at PC Sethi Hospital Indore under the supervision of Dr. Professor Prachi Awasthi of OBG Nursing Department, in which students participated. Our B.Sc (N) 3rd year students- 1st in Poster Competition. Students of second and third year won in Rangoli competition, AIDS awareness rally was organized in village Bandganga and Kalaria under the supervision of Dr. Professor Sheetal Saxena and Professor Ancy Varkey Department of Community Health Nursing, in which students of second year ran away. Nursing students gave a lot of information to the people about AIDS Day through rally, Rangoli, poster competition and street play. The programs ended at around 1 pm.





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AIDS Awareness Rally, Nukkad Natak and talk at Shiv Nagar,
Musakhedi community Indore





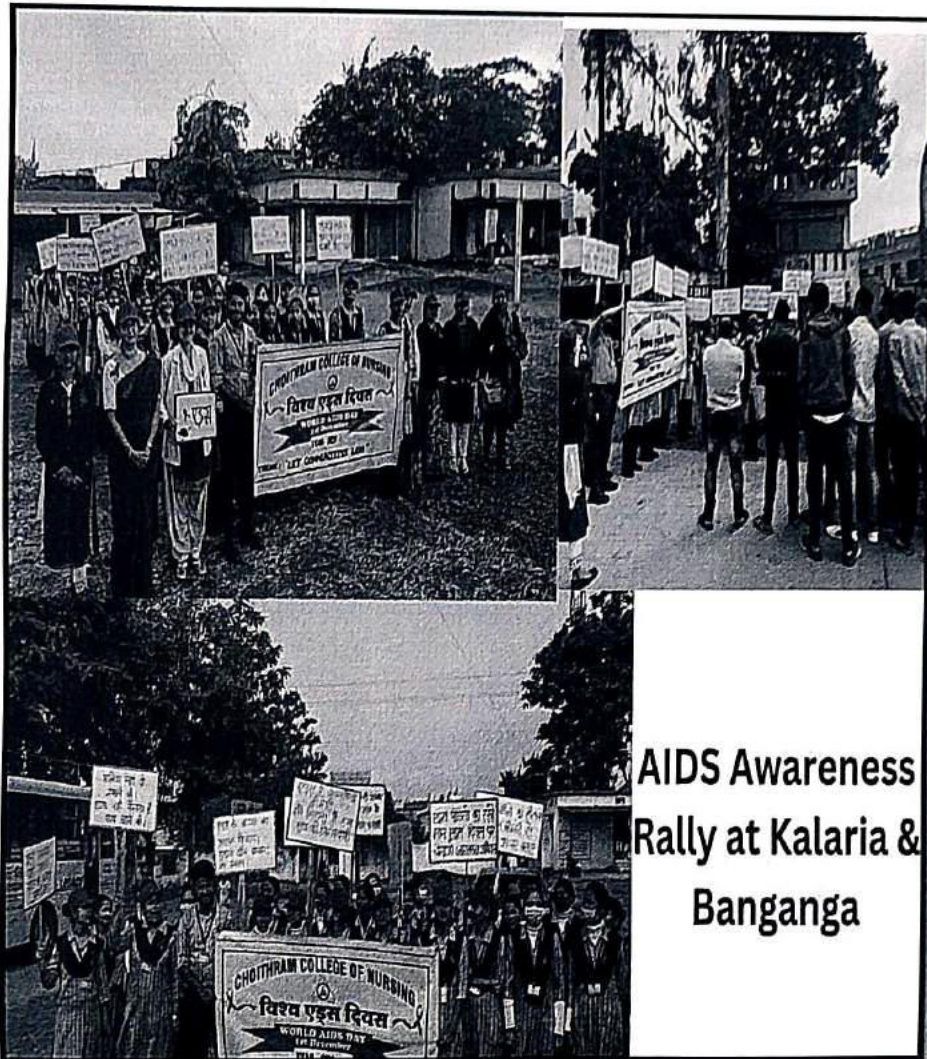
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**AIDS Awareness
Rally at Kalaria &
Banganga**

