



CHOITHRAM COLLEGE OF NURSING

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Choithram Hospital & Research Centre Manik Bagh Road, Indore 452014 (M.P.)



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Webiste : www.choithramnursing.com

8.1.1 Training in the clinical skills and simulation labs are organized with reference to acquisition and enhancement of skills in basic and advance procedures such as BLS/ALS, Venepuncture, ET intubation/suctioning, central line insertion procedures (PG- as per clinical specialty).

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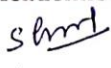


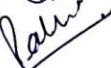

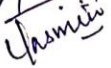

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Policy on the use of clinical skills and simulation labs

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Policy Category	<u>SKILL LAB POLICY</u>
Date of Implementation	04-08-2017
Date of Revision	1 st Revision: 09-04-2021 2 nd Revision: 13-08-2024
Approved By	Academic Board      
Signature of HOI	 Prof. Shreeja Vijayan Principal
Responsibility of Updating	Clinical Coordinator & IQAC





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Choithram College of Nursing SKILL LAB'S POLICY



Introduction

The Skill Labs is an essential component of nursing education, providing students with a safe and controlled environment to practice and enhance their clinical skills. This policy document outlines the guidelines and procedures for the effective utilization and management of the Nursing Skill Labs.

Objectives

- To provide a simulated clinical environment for nursing students to practice and develop their skills.
- To enhance students' clinical competence and confidence through hands-on practice.
- To facilitate the learning and application of nursing procedures and techniques.
- To ensure the safety of students and staff within the skill labs.

Scope

This policy applies to all students, faculty, and staff who utilize the Skill Lab facilities.

Governance

The Skill Lab will be overseen by the Skill Lab Coordinator for specific lab, who will be responsible for the overall management, scheduling, and maintenance of the lab.

Usage Guidelines

- **Eligibility:** The labs is available to all nursing students enrolled in the program, as well as faculty members.
- **Scheduling:** All labs' sessions must be scheduled in advance through the lab coordinator. Priority will be given to scheduled classes and practical exams.
- **Attendance:** Students must sign in upon entering and sign out upon leaving the lab.
- **Supervision:** A qualified instructor must be present during all lab sessions to provide guidance and ensure safety.
- **Cleanliness:** Users must maintain cleanliness and orderliness in the lab. All equipment should be cleaned and returned to its designated place after use.
- **Equipment Usage:** Proper handling and use of equipment must be followed at all times. Any damage or malfunction must be reported to the lab coordinator immediately.
- **Safety Protocols:** All users must adhere to safety protocols, including the use of personal protective equipment (PPE) as required and maintain issue and return to identify any damage and misplace of any equipment of labs.

Responsibilities

- **Lab Coordinator:**
 - Ensure the lab is equipped with necessary supplies and equipment.
 - Schedule lab sessions and manage bookings.
 - Maintain an inventory of lab equipment and supplies.
 - Oversee the maintenance and repair of equipment.





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SIMULATOR MAPPING FOR MAXIMUM UTILIZATION (SMMU)

ADVANCED NURSING SKILL LAB

I. Name of the Simulator / Mannequin : 3B Scientific Nursing mannequin Patient Care Manikin PRO – P10/I

Description:- The 3B Scientific Nursing Manikin is a medical training simulator specifically designed for nursing education with a wide range of practice options that include first aid and emergency situations. The external structure and movement of the nursing manikin is modeled on the human body. The nursing manikin was developed for practical, hands-on use. This manikin is designed so as the faculties can demonstrate various advanced procedure which will enhance knowledge and skills of the students. Various procedure like diabetic foot care , suturing , amputation care , catheterization of both male and female

S.NO	Title of Procedure	Program	Year	Course Name	Size of Group	No. of Group	Prescribed Hours
1	Female & Male Catheterization	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
2	Colostomy care	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
3	Tracheostomy care	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
4	Suturing	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
5	Amputation care	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
6	Care of chest tube drainage	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes





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7	Naso gastric feeding	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
8	Endotracheal Intubation	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
9	Gastric lavage /Gavage	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
10	Care of Pressure Injury	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
11	Eye & Ear Irrigation	B.Sc Nursing	Third	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
12	Oro , Nasal and tracheal suctioning	B.Sc Nursing	Third Year	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
13	Neurological Examination	B.Sc Nursing	Third Year	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
14	Care of Thoracentesis	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
15	Care of Lumbar Puncture	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes





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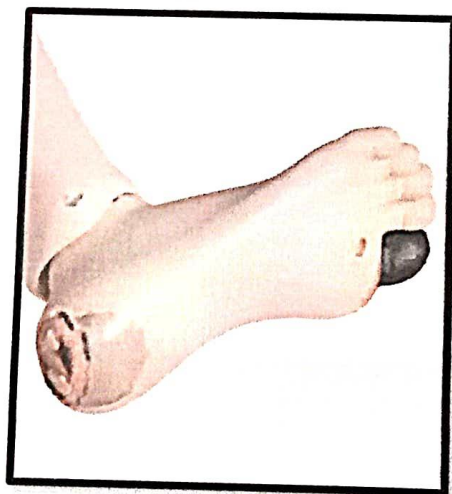
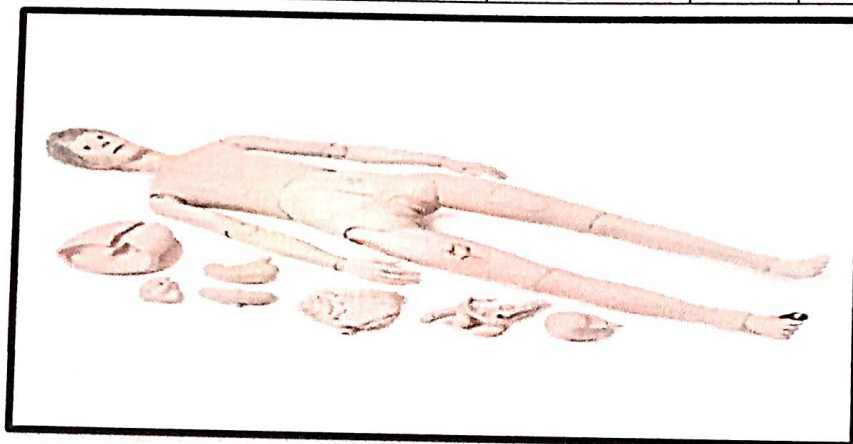
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		Nursing		Nursing Practice			
16	Care of Paracentesis	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes





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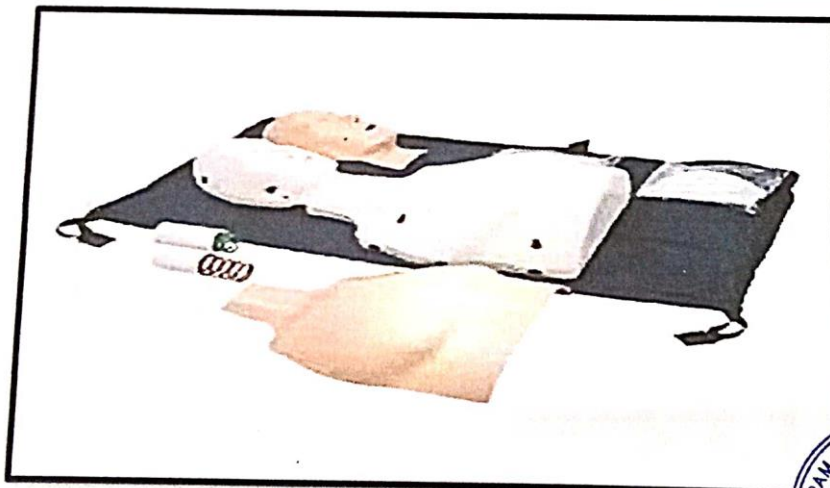
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2. Name of the Simulator / Mannequin: BLS Simulator BASIC billy

Description - It is a Cardiopulmonary Resuscitation (CPR) training model for educating our graduate and post graduate students life saving skills .The simulator is compliant with the latest CPR guidelines. It offers all the necessary features to learn about the life-saving algorithm, comprising of cardiac massage and ventilation for adults and children.

S.NO	Title of Procedure	Program	Year	Course Name	Size of Group	No. of Group	Prescribed Hours
1	Cardio Pulmonary Resuscitation	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
		M.Sc Nursing	Final year (CTVS specialty)	Advanced Nursing Practice	5	5	60 minutes





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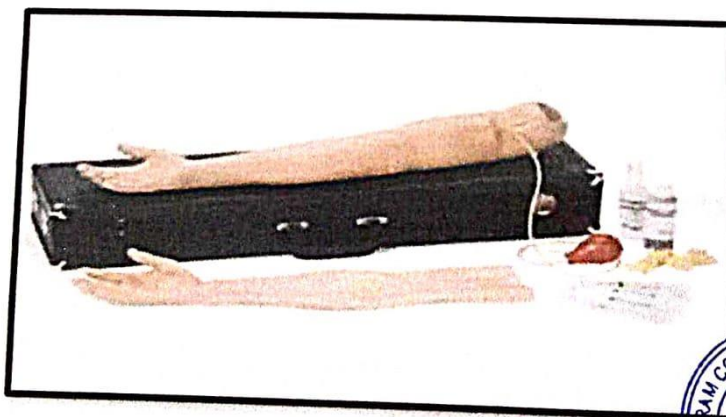
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3. Name of the Simulator / Mannequin :- Laerdal Arterial Stick Arm

Description :- The Arterial Stick Arm is a full-size, lifelike adult right arm with replaceable skin and arteries. It is specifically designed so as we can demonstrate procedure as sample collection , blood transfusion , Iv cannulation , and monitoring arterial blood gases .

S.NO	Title of Procedure	Program	Year	Course Name	Size of Group	No. of Group	Prescribed Hours
1	IV Cannulation	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
2	Blood transfusion	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
3	ABG Analysis	B.Sc Nursing	Third Year	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
		M.Sc Nursing	Final year (CTVS specialty)	Advanced Nursing Practice	5	1	60 minutes





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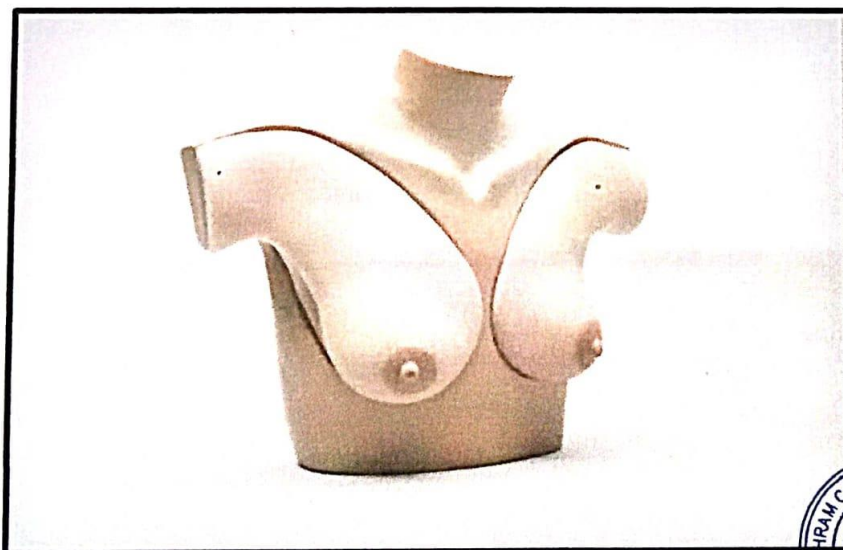
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4. Name of the Simulator : Gaumard Breast Self Examination Simulator

Description - This Breast Examination Simulator provides a realistic look, feel and texture. The breasts, nipples and areola have realistic features. The cysts and masses located in the breasts have distinct textures useful in recognizing normal and abnormal conditions found in breasts. As such, the simulator provides an excellent platform on which trainees can learn how to perform a breast examination as well as demonstrate breast self-examination to women who want to learn how to do it.

S.NO	Title of Procedure	Program	Year	Course Name	Size of Group	No. of Group	Prescribed Hours
1	Breast Self Examination	B.Sc Nursing	Third	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
		M.Sc Nursing	Final Year (oncology specialty)	Advanced Nursing Practice	5	1	60 minutes





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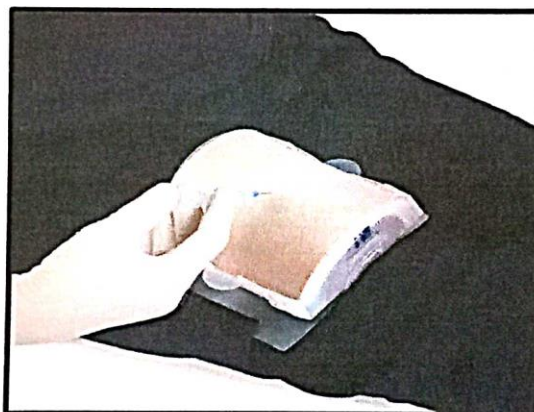
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5. Name of the Simulator / Mannequin - Laerdal Injection Trainer

Description - This is basically a multi - layered tissue pad for learning various skills like Subcutaneous injection , Intradermal injection , Intramuscular injection and Management of tissue.

S.NO	Title of Procedure	Program	Year	Course Name	Size of Group	No. of Group	Prescribed Hours
1	Subcutaneous , Intradermal , Intramuscular Injection	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes





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6. Name of the Simulator / Mannequin - Laerdal NG tube and Trach care Trainer

Description- The NG Tube and Trach Care Trainer is a lifelike manikin torso, which realistically simulates a patient. It is specifically designed for training professionals in the practice of basic tracheostomy care, NG tube insertion and airway management skills.

S.NO	Title of Procedure	Program	Year	Course Name	Size of Group	No. of Group	Prescribed Hours
1	Endotracheal Intubation	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
		M.Sc Nursing	Final year (CTVS specialty)	Advanced Nursing Practice	5	1	60 minutes
2	Naso gastric Insertion	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
3	Tracheostomy care	B.Sc Nursing	Second	Advanced Nursing Practice	20	5	60 minutes
		M.Sc Nursing	First	Advanced Nursing Practice	5	5	60 minutes
		M.Sc Nursing	Final year (CTVS specialty)	Advanced Nursing Practice	5	1	60 minutes





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Simulator Mapping for Maximum Utilization (SMMU) OBG Nursing

Department

Name of the simulator /Mannequin: Obstetric Susie Birthing Simulator

The Advanced OB Susie® S500.200 is a versatile childbirth simulator designed to allow participants to appreciate the complete birthing experience from the onset of labor, through delivery, and postpartum care. The OB Susie simulator's lifelike features ensure participants can go hands-on and practice the skills needed to provide safe and effective patient care during routine and difficult deliveries, even high-risk low-frequency events like vertex or breech deliveries. Participants can use real equipment to practice vacuum or forceps assisted deliveries and control postpartum haemorrhage

Title Of Procedure	Program	Year	Course Name	Size Of Group	No. Of Groups	Prescribed Hours
1. Mechanism of Labor	B. Sc Nursing	4 th year	Midwifery and Obstetric Nursing	20	5	45mins
	M.Sc. Nursing	Previous year/Final Year	OBG Nursing	10	1 group	45mins
2. Active Management of Third Stage of Labor (AMTSL)	B. Sc Nursing	4 th year	Midwifery and Obstetric Nursing	20	5	30mins
	M.Sc. Nursing	Previous year/Final Year	OBG Nursing	10	1 group	30mins





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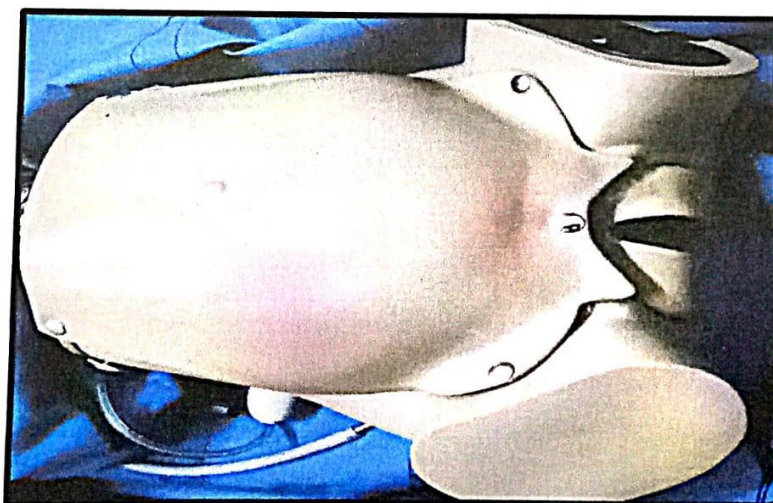
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3. Cervical dilatation	B. Sc Nursing	4 th year	Midwifery and Obstetric Nursing	20	5	20mins
	M.Sc. Nursing	Previous year/Final Year	OBG Nursing	10	1 group	20mins
4. Female Catheterisation	B. Sc Nursing	4 th year	Midwifery and Obstetric Nursing	20	5	30mins
	M.Sc. Nursing	Previous year/Final Year	OBG Nursing	10	1 group	30mins





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Name of the simulator /Mannequin: Episiotomy Suturing Simulator

With new lifelike skin for the most realistic suturing practice! These new and improved Life/form Episiotomy Suturing Simulators provide a realistic way for students to learn good surgical techniques. The simulators provide students with a variety of repair experiences without the constraint of time and concern for safety, which are factors with a live patient. The simulators can be used by the student in a learning lab with an instructor, or by the student individually in the clinical setting just prior to a patient experience. They are also useful as homework teaching aids that can be signed out at night and returned the next day. In addition to being portable, the lifelike texture allows the learner to develop a "feel" for instrument handling, tension on suture, and the advantages of one method of tying knots over another.

Title Of Procedure	Program	Year	Course Name	Size Of Group	No. Of Groups	Prescribed Hours
5. Episiotomy Suturing	B. Sc Nursing	4 th year	Midwifery and Obstetric Nursing	20	5	60 mins
a. Medial Episiotomy	M.Sc. Nursing	Previous year/Final Year	OBG Nursing	10	1 group	60 mins
b. Medio-Lateral Episiotomy						
c. J-Shaped Episiotomy						





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SIMULATOR MAPPING FOR MAXIMUM UTILIZATION (SMMU)
CHILD HEALTH NURSING LABORATORY

NAME OF SIMULATOR/MANNEQUIN: NEONATALIE BASIC SIMULATOR

(Neo Natalie new born simulator, squeeze bulb for simulation, external umbilical cord and 2 umbilical artery)

DESCRIPTION- Neo Natalie is an inflatable simulator designed to teach basic neonatal resuscitation skills. Developed to meet the key requirements for teaching the initial steps of resuscitation. Neo Natalie is realistic in size and appearance with natural weight and feels when filled with lukewarm water. Including features such as spontaneous breathing, palpable umbilical pulse, and crying, Neo Natalie can be used for role-play scenarios such as normal post-birth care, standard resuscitation, and resuscitation measures including positive pressure ventilation and closed chest compressions.

Title of Procedure	Program	Year	Course Name	Size of group	No of groups	Prescribed hours for each group
Basic Neonatal Resuscitation	BSc Nursing	III YR	Child Health Nursing	20	5	02
	MSc Nursing	I YEAR	Child Health Nursing-I	05 students	01	02





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NAME OF SIMULATOR/ MANNEQUIN: MICRO PREEMIE SIMULATOR

DESCRIPTION- MICRO PREEMIE SIMULATOR manikin represents a 25-week neonate. The soft, flexible body and a variety of built-in features make this a very lifelike and easy-to-use training aid for many scenarios. Features are – Airway and ventilation, nasogastric feeding tube, ET tube access, lung capacity, non-functional veins, chest tube, stoma, Umbilical reservoir, scalp vein drain, NG tube drain, Umbilical reservoir drain.

Title of Procedure	Program	Year	Course Name	Size of group	No of groups	Prescribed hours for each Group
Preterm care including Kangaroo mother care	BSc Nursing	III YR	Child Health Nursing	20	5	02
	MSc Nursing	I YEAR	Child Health Nursing-I	05 students	01	02







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NAME OF SIMULATOR/MANNEQUIN: NEONATAL INTUBATION TRAINER (RESUSCITATION)

DESCRIPTION- Neonatal Intubation Trainer allows teaching of intubation skills on the newborn baby. Robust and realistic, this model allows students to undertake training that is directly transferable to the clinical setting.

- Realistic anatomy of a newborn baby
- Intubation (oral and nasal)
- Bag-Valve-Mask ventilation
- Correct tube placement can be checked by practical inflation test

Title of Procedure	Program	Year	Course Name	Size of group	No of groups	Prescribed hours for each Group
Endo tracheal Intubation and chest compression	BSc Nursing	III YR	Child Health Nursing	20	5	02
	MSc Nursing	I YEAR	Child Health Nursing-I	05 students	01	02





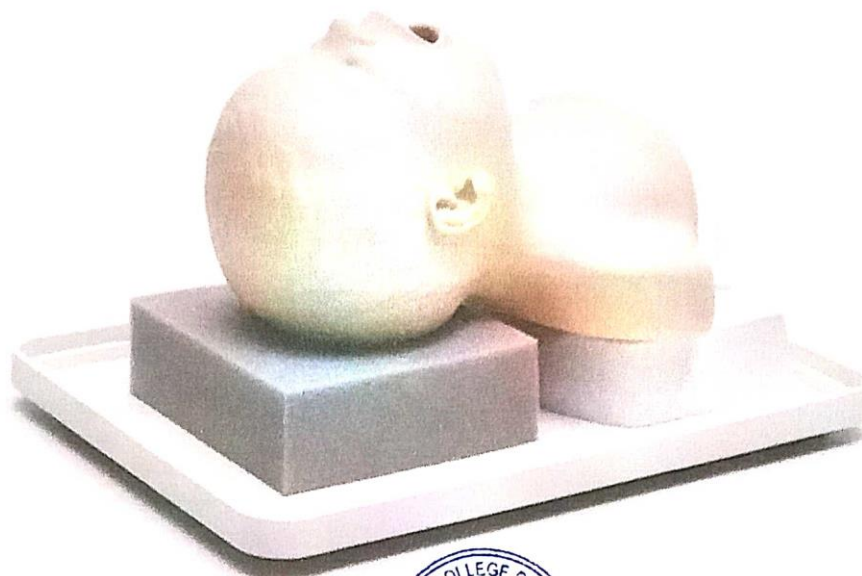
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NAME OF SIMULATOR/ MANNEQUIN: RESUSCI BABY

DESCRIPTION- Resusci Baby sets a high standard for quality infant CPR training. When used with feedback device learners are provided clear feedback measure, track and improve training.

Specifications

Airway features

- Airway occlusion (head tilt/chin lift, jaw thrust)
- Realistic chest rise and fall

Debriefing

- Debriefing through recorded events
- Quick Review of CPR performance

Title of Procedure	Program	Year	Course Name	Size of group	No of groups	Prescribed hours for each group
Advance resuscitation with chest compression with feedback.	BSc Nursing	III YR	Child Health Nursing	20	5	02
	MSc Nursing	I YEAR	Child Health Nursing-I	05 students	01	02





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NAME OF SIMULATOR/ MANNEQUIN: INFANT SIMULATOR

DESCRIPTION- Infant simulator is a tether less simulator designed to help healthcare providers effectively recognize and respond to critically ill paediatric patients. The simulator represents a 3-month-old paediatric patient and provides a highly realistic manikin that meets specific learning objectives focusing on initial assessment and treatment.





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Title of Procedure	Program	Year	Cours e Name	Size of grou p	No of group s	Prescribed hours for each Group
Anthropometry Measurement	BSc Nursin g	III YR	Child Healt h Nursing	20	5	02
	MSc Nursin g	I YEAR	Child Healt h Nursing-I	05 students	01	02
Restraining	BSc Nursin g	III YR	Child Healt h Nursing	20	5	02
	MSc Nursin g	I YEAR	Child Health Nursing-I	05 students	01	02
Breast feeding positioning	BSc Nursin g	III YR	Child Healt h Nursing	20	5	02
	MSc Nursin g	I YEAR	Child Health Nursing-I	05 students	01	02
Nappy changing	BSc Nursin g	III YR	Child Healt h Nursing	20	5	02
	MSc Nursin g	I YEAR	Child Healt h Nursing-I	05 students	01	02
Blood Sugar testing	BSc Nursin g	III YR	Child Healt h Nursing	20	5	02
	MSc Nursin g	I YEAR	Child Health Nursing-I	05 students	01	02





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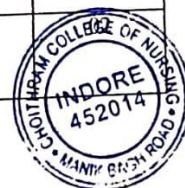
NAME OF SIMULATOR/ MANNEQUIN: MIKE - CPR AND TRAUMA CHILD CARE SIMULATOR, 5 YEARS OLD

DESCRIPTION- This anatomically accurate representation of a school age child is a perfect training tool for basic life support such as CPR and trauma care.

Some features:

- Fully articulating head and jaw with teeth and tongue
- Individual disposable airways to practice hygienic mouth-to-mouth ventilation
- Airway blocked when head is forward.
- Easily accessible chest cavity with molded rib cage, lungs, and heart
- Realistic chest rise during ventilation
- Carotid, femoral, and brachial arterial pulse sites Comes with T-shirt and shorts, custom nylon carrying bag, and instruction manual.

Title of Procedure	Program	Year	Course Name	Size of group	No of groups	Prescribed hours for each group
Physical Examination	BSc Nursing	III YR	Child Health Nursing	20	5	02
	MSc Nursing	I YEAR	Child Health Nursing-I	05 students	01	02
TPR	BSc Nursing	III YR	Child Health Nursing	20	5	02
	MSc Nursing	I YEAR	Child Health Nursing-I	05 students	01	02
Intramuscular Injection	BSc Nursing	III YR	Child Health Nursing	20	5	02
	MSc Nursing	I YEAR	Child Health Nursing-I	05 students	01	02
Ryle's tube feeding	BSc Nursing	III YR	Child Health Nursing	20	5	





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	MSc Nursing	I YEAR	Child Health Nursing-I	05 students	01	02
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NAME OF SIMULATOR/ MANNEQUIN: LITTLE BABY QCPR

DESCRIPTION- Little Baby QCPR is a realistic and affordable BLS manikin for paediatrics. **Set up a class in no-time.** Use the one-click-connection to set up training. The QCPR app onboarding guides you through the setup of your classroom.

Engage your learners

Increase engagement and confidence in both learner and instructor with a combination of realistic feel and intuitive feedback.

Guideline compliant

With objective feedback on compressions and ventilations, Little Baby QCPR is future proof. It teaches all the parameters of high-quality CPR as defined by the AHA.

Title of Procedure	Program	Year	Course Name	Size of group	No of groups	Prescribed hours for each group
CPR in children	BSc Nursing	III YR	Child Health Nursing	20	5	02
	MSc Nursing	I YEAR	Child Health Nursing-I	05 students	01	02





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NAME OF SIMULATOR/MANNEQUIN: MULTI VENOUS IV TRAINING ARMS

DESCRIPTION-

- Venipuncture possible in the antecubital fossa or dorsum of the hand
- Peripheral IV line insertion and removal
- Accessible veins include median, basilic and cephalic
- Palpable veins enable site selection and preparation
- Infusible veins allow peripheral therapy with IV bolus or push injection method
- Peripheral IV line maintenance including assessment and rotation of site and dressing, solution and tubing change
- Replaceable skin and multi-vein system ensures longevity of model
- Arms may be purchased separately.

Title of Procedure	Program	Year	Course Name	Size of group	No of groups	Prescribed hours for each group
IV canulization and IV medication.	BSc Nursing	III YR	Child Health Nursing	20	5	02
	MSc Nursing	I YEAR	Child Health Nursing-I	05 students	01	02

