Part A	
Data of the Institution	
1. Name of the Institution	**CHOITHRAM COLLEGE OF NURSING**
Name of the head of the Institution	**Prof. Aradhana Michael**
Designation	**Principal**
Does the Institution function from own campus	**Yes**
Phone no/Alternate Phone no.	**07314939909**
Mobile no.	**9826050048**
Registered Email	**cconursing@yahoo.co.in**
Alternate Email	**arumichael@gmail.com**
Address	**:Choithram College of Nursing, Choithram Hospital & Research Centre, Manik Bagh road, Indore, Madhya Pradesh.**
City/Town	**Indore**
State/UT	**Madhya Pradesh**

Pincode	452014

2. Institutional Status

Affiliated / Constituent	Affiliated
Type of Institution	Co-education
Location	Urban
Financial Status	private
Name of the IQAC co-ordinator/Director	Prof. Shreeja Vijayan
Phone no/Alternate Phone no.	07314939909
Mobile no.	9977306995
Registered Email	cconursing@yahoo.co.in
Alternate Email	shreeja.vijayan@yahoo.co.in

3. Website Address

Web-link of the AQAR: (Previous Academic Year)	http://choithramnursing.com/wp-content/uploads/2021/05/AQAR-2017-18-Choithram-college-of-NursingIndore-Madhya-Pradesh-1.pdf

4. Whether Academic Calendar prepared during the year

	Yes
if yes,whether it is uploaded in the institutional website: Weblink :	https://choithramnursing.com/wp-content/uploads/2021/07/Academic-calender-2018-19-1.pdf

5. Accrediation Details

Cycle	Grade	CGPA	Year of Accrediation	Validity	
				Period From	Period To
1	B++	2.89	2017	19-Jul-2017	19-Jul-2022

6. Date of Establishment of IQAC

14-Jun-2012

7. Internal Quality Assurance System

Quality initiatives by IQAC during the year for promoting quality culture		
Item /Title of the quality initiative by IQAC	Date & Duration	Number of participants/ beneficiaries
Regular IQAC Meeting	10-Oct-2018 7	17
Administrative Academic Audit	14-Mar-2019 2	5
Timely Submission of AQAR	29-Dec-2018 15	30

L::asset('/'),'public/').'/public/index.php/admin/get_file?file_path='.encrypt('Postacc/Special_Status/'.$instdata->upload_special_status)}}

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8. Provide the list of funds by Central/ State Government- UGC/CSIR/DST/DBT/ICMR/TEQIP/World Bank/CPE of UGC etc.

Institution/Department/Faculty	Scheme	Funding Agency	Year of award with duration	Amount
Choithram College of Nursing	Training Programmes/ Workshops	NHM	2018 23	832000
Prof. Aradhana Michael	Situational Burn Analysis	NPPMBI	2019 365	92000
[View Uploaded File]				

9. Whether composition of IQAC as per latest NAAC guidelines:	**Yes**
Upload latest notification of formation of IQAC	[View Link]
10. Number of IQAC meetings held during the year :	**7**
The minutes of IQAC meeting and compliances to the decisions have been uploaded on the institutional website	**Yes**
Upload the minutes of meeting and action taken report	[View Uploaded File]
11. Whether IQAC received funding from any of the funding agency to support its activities during the year?	**Yes**
If yes, mention the amount	**4000**
Year	**2018**

12. Significant contributions made by IQAC during the current year(maximum five bullets)
Exclusive workshop and skill Station for undergraduates and keep them updated to work independently in community as well as in Apex Accredited hospitals
Public Private collaboration - Leadership role in execution of National Health Programmes and NHM activities
Faculty Contribution as National Mentor in Ministry of Health And Family welfare
Adherence to Academic Calendar and Holistic development of students
Nurse Led Clinics

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13. Plan of action chalked out by the IQAC in the beginning of the academic year towards Quality Enhancement and outcome achieved by the end of the academic year

Plan of Action	Achivements/Outcomes
Curriculum Planning / Academic Calendar	Academic Outcome improved
Conferences / Workshop	Updated Skill and wider area of knowledge
Health Days Observed	Sensitized towards social responsibility
Free Health Camps	Benefited Vulnerable groups of the society
[View Uploaded File](#)	

14. Whether AQAR was placed before statutory body ?	Yes

Name of Statutory Body	Meeting Date
Board Of Management	02-Dec-2019

15. Whether NAAC/or any other accredited body(s) visited IQAC or interacted with it to assess the functioning ?	No

16. Whether institutional data submitted to AISHE:	Yes

Year of Submission	2018

Date of Submission	09-Feb-2018

17. Does the Institution have Management Information System ?	Yes
If yes, give a brief descripiton and a list of modules currently operational (maximum 500 words)	• College office has management system software installed from PURSHO enterprise since year 2017, named classmate college management system at office in which access to different categories such as students, hostel, employee, library, accounts and administration information's are there in one click. In student's category there is list, ID card, Fees collection, daily attendance, marks entry and promotion of all the UG and PG students. In hostel category there comes the hostel information such as room details and bed plan. In employee category there is employee list, salary list, salary pay, attendance, deductions and allowance list of all the employees. In library category there is supplier information, book information, books list, details of book issued and returned. The management information system is regularly updated. • Library also has the library management system software installed from PURSHO enterprise since 2017. In this software the information about supplier information, book information, books list, student's record, details of book issued and returned is well maintained and updated. • Institution have active Web portal: http://www.cconursing.com • DELNET URKUND software for data access and plagiarism are opted by the institution. Login ID with password is allocated to UG and PG students for DELNET. • Installed Hospital Information Management System (HIMS) in parent hospital for details of accounts, patients list, pharmacy etc for smooth functioning of hospital services.

Part B

CRITERION I – CURRICULAR ASPECTS

1.1 – Curriculum Planning and Implementation

1.1.1 – Institution has the mechanism for well planned curriculum delivery and documentation. Explain in 500 words

Choithram College of Nursing is currently having the following mechanism for effective delivery of the curriculum. In the beginning of the new academic

session, IQAC call a meeting to discuss the plan of activities with a view of providing more enhanced academic experience for the students in all curricular aspects. The academic calendar of events is also developed. There after all Class co-ordinators prepare master rotation plan, clinical rotation plan and monthly theory planner as per the university prescribed hours and present it in faculty meeting headed by Principal, so that all teaching faculty would be duly informed for the scheduling of whole sessions. The institution works through 5 specialities. The entire syllabus of particular subject or course is planned and divided among the respective faculty members. Later, the planned schedule is being discussed in the department meetings. Class co-ordinators, make report of the monthly progress of the sessions and any issues regarding curriculum need to be rectified are discussed in regular faculty meetings. We have a rich library with open access system and each department have their own departmental libraries too, for the benefit of faculty and students. A good number of journals (International, National and State) are available in the library. Various class room teaching methods based on the needs of different subjects are regularly used for the effective delivery of curriculum The coordinators of theory, clinical and assessment duly check, coordinate and evaluate the progress of curriculum and make sure completion of the syllabus and implementation of internal examination of both theory and practical in time. Along with ongoing assessment, performance of each student is assessed twice in all clinical areas at the beginning and end of the posting with specific clinical evaluation format. The progress of students in clinical area are monitored and handed over to next teacher responsible for supervision as student's postings rotate. Regular clinical and faculty meetings are conducted and documented regarding students progression. External expert classes are arranged for the students. Clinical case study presentation and clinical presentation are given to the students to develop clinical judgement and skill evaluation. It is mandatory for teachers and students to participate in International and National Health days and weeks(such as Breast feeding week, Mental Health week) observed during the academic year so that they remain updated with the thrust areas and get sensitized for national cause. Maintenance of Records & Documents related to students: • Academic File • Clinical Roster • Academic performance report • Clinical evaluation form • Leave record, night pass record(for hostellers) • Sick leave and health record, OPD register • Any specific achievement during the academic year, any disciplinary action taken against student • Student's personnel file • Report of Grievance Redressal • Incidental reports • Conference & workshop attended • Co-curricular activities • Cultural Event record • Expert lectures • N.S.S student activity report

1.1.2 – Certificate/ Diploma Courses introduced during the academic year

Certificate	Diploma Courses	Dates of Introduction	Duration	Focus on employ ability/entreprene urship	Skill Development
Short skill development programme for midwives	Nil	04/12/2018	5	Focus on e mployability	yes
Diploma course	Advance midwifery training Midwife practitioner	20/03/2018	540	Focus on e mployability	yes

1.2 – Academic Flexibility

1.2.1 – New programmes/courses introduced during the academic year		
Programme/Course	Programme Specialization	Dates of Introduction
Nill	0	Nill
No file uploaded.		

1.2.2 – Programmes in which Choice Based Credit System (CBCS)/Elective course system implemented at the affiliated Colleges (if applicable) during the academic year.

Name of programmes adopting CBCS	Programme Specialization	Date of implementation of CBCS/Elective Course System
MSc Nursing	Choice Based Credit System (CBCS)	01/10/2018

1.2.3 – Students enrolled in Certificate/ Diploma Courses introduced during the year

	Certificate	Diploma Course
Number of Students	23	1

1.3 – Curriculum Enrichment

1.3.1 – Value-added courses imparting transferable and life skills offered during the year

Value Added Courses	Date of Introduction	Number of Students Enrolled
Yoga Professional course	07/11/2018	281
View Uploaded File		

1.3.2 – Field Projects / Internships under taken during the year

Project/Programme Title	Programme Specialization	No. of students enrolled for Field Projects / Internships
MSc Nursing	Improving maternal and child health and nutrition through pilot interventions and capacity of Healthcare workers in Jhabua district Improving maternal and child health and nutrition through pilot interventions and capacity building	8
BSc Nursing	Exploratory study to find out the usage of smartphone and internet by the school children and its associated side-effect on their well-being	7
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1.4 – Feedback System

1.4.1 – Whether structured feedback received from all the stakeholders.

Students	Yes
Teachers	Yes

Employers	Yes
Alumni	Yes
Parents	Yes

1.4.2 – How the feedback obtained is being analyzed and utilized for overall development of the institution? (maximum 500 words)

Feedback Obtained
Feedback system is an important part of assessment process. It has a significant impact on student learning.College have a systematic feedback system from all stakeholders ie students, teachers, alumni and parents. Student's feedback The student's feedback is received at the end of every academic year.It is taken with respect to teaching methodology and executed curriculum. Feedback is analyzed and depicted in graph. Students provide their suggestions regarding the whole year program based on coverage of course subject, teaching learning resources, overall opinion about the course etc. for improvement in teaching learning process. This feedback is utilized to decide whether to make any change in teaching methodology or to give more focus on any particular unit or clinical area and this in turn is used for planning next academic session. (Student's Feedback Analysis File is maintained) Teacher's feedback This also taken at the end of academic year. Teachers evaluation is done based on individual performance, teaching load, completion of the theory and practical hours, career development programs, undertaking research projects, presentation and publications. It is mandatory for teachers to go through with the upgradation programme so that they keep abreast with latest information and thrust area while imparting teaching and supervise students in clinical area. (Conference workshops organized/attended and Certificate / Diploma/Orientation course for Faculty File is maintained) Alumni Feedback The Alumni feedback is collected from our students after the completion of the program and when they start working. This gives true feedback of their entire curriculum, teachinglearning experience and helps to know how the curriculum has been helped them in facilitating their work experience. The suggestion given by the alumni is being discussed and important points are incorporated for implementation. Alumni suggestions are welcomed during alumni meet and funds are raised to support the needy students and for the alumni who applies for sponsorship. (Analysis of Alumni feedback File is maintained) Parents feedback Parent's feedback is taken at the time of parent's teacher meeting though direct contact and at the end of academic session by Parent Teacher meeting and through mail/SMS/ Whats app. The feedback is discussed with Faculty and modifications are made if needed. During the meeting PTA members give their valuable opinion and suggestions that enhances overall improvement in student's curriculum. (Parent Feedback file is maintained)

CRITERION II – TEACHING- LEARNING AND EVALUATION

2.1 – Student Enrolment and Profile

2.1.1 – Demand Ratio during the year

Name of the Programme	Programme Specialization	Number of seats available	Number of Application received	Students Enrolled
BSc Nursing	AS PER INC	75	169	72
MSc Nursing	AS PER INC	25	23	16
[View Uploaded File]()				

2.2 – Catering to Student Diversity

2.2.1 – Student - Full time teacher ratio (current year data)

Year	Number of students enrolled in the institution (UG)	Number of students enrolled in the institution (PG)	Number of fulltime teachers available in the institution teaching only UG courses	Number of fulltime teachers available in the institution teaching only PG courses	Number of teachers teaching both UG and PG courses
2018	72	16	31	15	31

2.3 – Teaching - Learning Process

2.3.1 – Percentage of teachers using ICT for effective teaching with Learning Management Systems (LMS), E-learning resources etc. (current year data)

Number of Teachers on Roll	Number of teachers using ICT (LMS, e-Resources)	ICT Tools and resources available	Number of ICT enabled Classrooms	Numberof smart classrooms	E-resources and techniques used
30	30	11	6	2	7

View File of ICT Tools and resources

View File of E-resources and techniques used

2.3.2 – Students mentoring system available in the institution? Give details. (maximum 500 words)

The importance and value of high quality learning environments for all nurses and midwives is recognized and acknowledged by all involved in the education, learning and development of the health care profession. Education, training and the skills of mentors is vitally important for learning and practice of nursing students. High quality, practicebased education in a clinical setting is central to the preparation of future registered nurses and midwives this is the environment in which students are able to apply their knowledge, learn key skills and achieve the required competence. College has 30 qualified and experienced nursing faculty, students are grouped and assigned to a teacher. Formal introduction of mentor mentee takes place. During the mentoring students are assessed through discussion, observation, simulation, OSCE and peer evaluation for their clinical and theory skills, competencies and ability to apply theory in to practice and function. Relevant and appropriate opportunities and support is provided to the students in clinical as well as class rooms. Point of concern is noted down. Students are evaluated in clinical and in class rooms through the regular redemonstration, their presentations and test. Students are encouraged to make self assessment. If we found student not progressing or not showing improvement, corrective and remedial measures are taken through common discussion among senior faculty members. Group of mix students (slow and fast learner) are formed to enhance learning. Study hours are arranged in hostel apart from college timings. Documentation of all conversation is kept in student record and register. Students are helped to recognize their special skills (strength and weakness) in academics and clinicals so that they can choose their area of interest (Clinical wards/units in hospital) after completing their training for their placement.

Number of students enrolled in the institution	Number of fulltime teachers	Mentor : Mentee Ratio
318	31	1:10

2.4 – Teacher Profile and Quality

2.4.1 – Number of full time teachers appointed during the year

No. of sanctioned positions	No. of filled positions	Vacant positions	Positions filled during the current year	No. of faculty with Ph.D
30	30	0	9	1

2.4.2 – Honours and recognition received by teachers (received awards, recognition, fellowships at State, National, International level from Government, recognised bodies during the year)

Year of Award	Name of full time teachers receiving awards from state level, national level, international level	Designation	Name of the award, fellowship, received from Government or recognized bodies

Year	Name	Designation	Award/Achievement
2018	DR. USHA UKANDE	Principal	Strengthening Midwifery Care in India Member of Technical Advisory Committee Govt. of India NHM, WHO, Ministry of Health and Family Welfare
2018	DR. USHA UKANDE	Principal	Excellence for Empowering Women and Midwives Institute of Holistic Medicine, Indore
2018	PROF. SHREEJA VIJAYAN	Professor	National Coach NHM Faculty MPNHM National Health Mission
2018	PROF. SHREEJA VIJAYAN	Professor	Gold Medalist in Neonatology Nursing Fellowship National Neonatology Forum
2019	PROF. ARADHANA MICHAEL	Principal	Project InCharge – CHO Training IGNOUNHM
2019	PROF. ARADHANA MICHAEL	Principal	Participation Certificate: A strategic initiative for improving vaccination coverage in identified districts (a PRAGATI initiative). NHMMinistry of Health and Family Welfare
2019	PROF. SHEETAL SAXENA	Professor	Appreciation certificate Mukhya Chikitsa Evam Swasthya Adhikari, Indore

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2.5 – Evaluation Process and Reforms

2.5.1 – Number of days from the date of semester-end/ year- end examination till the declaration of results during the year

Programme Name	Programme Code	Semester/ year	Last date of the last semester-end/ year-end examination	Date of declaration of results of semester-end/ year- end examination
Nill	NA	NA	Nill	Nill

2.5.2 – Reforms initiated on Continuous Internal Evaluation(CIE) system at the institutional level (250 words)

1. Continuous internal assessment is said to be systematic in the sense that it requires an operational plan which indicates what measurement are to be made of the student's performance at regular time intervals. 2. Continuous internal assessment is conducted through regular unit test, class presentations, OSCE, OSPE. 3. Weekly clinical evaluation is done for individual students by the respective teachers through a selfstructured clinical evaluation format. 4. Teachers discuss the weak points as well as strong points, so that they could improve themselves as well as get motivated to do more better. 5. Regular unit test are conducted to monitor the progress of each student. 6. Students are regularly communicated their periodical results through marksheets. 7. Internal assessment is also done through Projects and assignments. 8. OSCE OSPE are also conducted subject wise to improve their clinical skills. 9. Formative and summative evaluation is done at regular intervals so that each students progress could be evaluated. 10. Session results are displayed over the notice board.

2.5.3 – Academic calendar prepared and adhered for conduct of Examination and other related matters (250 words)

1. At the beginning of each academic session, college prepares its proposed academic calendar, which is uploaded on the college website. The proposed academic calendar is prepared according to the notices and circulars and syllabus received from the affiliating university. Students are informed about the academic calendar of the college notifying the probable teaching days, dates of internal examinations, curricular, extension related and cocurricular activities. 2. Orientation programme is organized every year for newly admitted students to make them aware of the mechanism for curriculum delivery and implementation. 3. Academic committee of the college prepares the master routine (Rotation) and circulates it to different departments. Routine is prepared strictly in accordance to the prescribed syllabus of each course offered by the college. Routine is prepared by the committee for all the programs, all programs classes are scheduled by the concerned departments after considering the allotted courses and programs of the master routine. Generally clinical and practical hours/ demonstration classes are held in the morning session and theory classes are scheduled in the afternoon (Second half). Students are posted in clinical areas according to their course requirement and subjects and number of patients available in wards and hospital. 4. Based on the departmental routine, departments conduct meetings for allotment of classes and syllabus distribution among the teachers. Students are given details of teaching assignment of each teacher at the beginning of a session by the department 5. Based on the teaching assignments allotted in the syllabus distribution, teachers prepare their teaching plans according to the number of lectures allotted in the university syllabus for each topic 6. Along with the traditional chalk and talk method, teachers use power point projections, videos during the lectures to demonstrate topics 7. Class tests/surprise test and student seminars are held after completion of a section of the syllabus and periodic review of performance of students is undertaken 8. Tutorial classes are held in some departments within class routine hours for which separate attendance registers are maintained 9. Classes and clinical duties of students are also held during the summer and vacations every year to keep pace with the curriculum of Nursing Syllabus as per INC. 10. Field visits are planned for bachelors and masters students at local, regional and national levels. Students are sent for specialized posting as per their specialties in tertiary care hospitals of Delhi, Mumbai, NIMHANS, Banglore, Ranchi etc. Students are sent to observe water filtration, Milk Hygiene, meat hygiene, Sanitary museum, Old age

home, Orphanage home, De addiction centre, rural health centre i.e. CHC, PHC and district hospitals etc. 11. Post graduate students are specially trained to handle assignments, open house seminars and dissertation to prepare them for academic research in future. Students planned and organized State level or National level workshops or seminars based on need and current demand under the guidance of their subject coordinators. 12. Interactive sessions with students and, sometimes with guardians are held to identify problem areas. Special care is taken to address the problems of

2.6 – Student Performance and Learning Outcomes

2.6.1 – Program outcomes, program specific outcomes and course outcomes for all programs offered by the institution are stated and displayed in website of the institution (to provide the weblink)

https://choithramnursing.com

2.6.2 – Pass percentage of students

Programme Code	Programme Name	Programme Specialization	Number of students appeared in the final year examination	Number of students passed in final year examination	Pass Percentage
NP131	MSc Nursing	MENTAL HEALTH NURSING	4	4	100
NP131	MSc Nursing	MATERNAL AND CHILD HEALTH	5	5	100
NP131	MSc Nursing	CHILD HEALTH NURSING	4	4	100
NP131	MSc Nursing	MEDICAL SU RGICALNURSIN G	4	3	75
NP131	MSc Nursing	MENTAL HEALTH NURSING	5	5	100
NP131	MSc Nursing	OBSTETRICS AND GYNAECOL OGICAL NURSING	5	5	100
NP131	MSc Nursing	CHILD HEALTH NURSING	5	5	100
NP131	MSc Nursing	MEDICAL AND SURGICAL NURSING	5	5	100
NP131	MSc Nursing	COMMUNITY HEALTH NURSING	3	3	100
NP131	BSc Nutrition	NURSING	72	56	77.77
NP131	BSc Nursing	NURSING	73	73	100

NP131	BSc Nursing	NURSING	68	65	92.64

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2.7 – Student Satisfaction Survey

2.7.1 – Student Satisfaction Survey (SSS) on overall institutional performance (Institution may design the questionnaire) (results and details be provided as weblink)

<div align="center">http://choithramnursing.com/naac/iqac/student-satisfaction-survey/</div>

CRITERION III – RESEARCH, INNOVATIONS AND EXTENSION

3.1 – Resource Mobilization for Research

3.1.1 – Research funds sanctioned and received from various agencies, industry and other organisations

Nature of the Project	Duration	Name of the funding agency	Total grant sanctioned	Amount received during the year
Any Other (Specify)	365	NPPMBI DGHS Govt. of India New Delhi	92000	92000
Any Other (Specify)	365	IGNOU NHM	250000	250000
Any Other (Specify)	36	NHM Govt. of India	1776000	1776000
Any Other (Specify)	30	NHM M.P.	2000000	1800000

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3.2 – Innovation Ecosystem

3.2.1 – Workshops/Seminars Conducted on Intellectual Property Rights (IPR) and Industry-Academia Innovative practices during the year

Title of workshop/seminar	Name of the Dept.	Date
NIL	NIL	

3.2.2 – Awards for Innovation won by Institution/Teachers/Research scholars/Students during the year

Title of the innovation	Name of Awardee	Awarding Agency	Date of award	Category
National Coach in Nationwide Quality of Care Network in NHM	Prof.Shreeja Vijayan	NHM	01/02/2019	GOI
SWA: Technical Advisory Committee Govt of India	Dr.Usha Ukande	Govt.of India	08/05/2018	GOI
Management Development Program for Nursing Superintendents and Matrons, M.P.	Choithram College of Nursing	NHM	12/11/2018	STATE GOVT

| Orientation training Program for Paramedical staff nurses on common mental illness | Choithram College of Nursing | NHM | 01/01/2019 | STATE GOVT |
| Certificate Course in Community HealthCHO IGNOU Study CenterNHM | Choithram College of Nursing | IGNOU, NHM | 27/11/2019 | GOI |

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3.2.3 – No. of Incubation centre created, start-ups incubated on campus during the year

Incubation Center	Name	Sponsored By	Name of the Start-up	Nature of Start-up	Date of Commencement
0	0	0	0	0	Nill

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3.3 – Research Publications and Awards

3.3.1 – Incentive to the teachers who receive recognition/awards

State	National	International
0	6	0

3.3.2 – Ph. Ds awarded during the year (applicable for PG College, Research Center)

Name of the Department	Number of PhD's Awarded
1. Prof. Manju Joshi Medical Surgical Nursing Dept.	1
2. Prof. Blessy Antony Mental Health Nursing dept.	1
3. Ms Chintamani Chauhan	1

3.3.3 – Research Publications in the Journals notified on UGC website during the year

Type	Department	Number of Publication	Average Impact Factor (if any)
National	0	0	0

No file uploaded.

3.3.4 – Books and Chapters in edited Volumes / Books published, and papers in National/International Conference Proceedings per Teacher during the year

Department	Number of Publication
1. Dr. Usha Ukande 2. Prof. Shweta Pattnaik MSN	1
1. Dr. Usha Ukande 2. Prof. Shreeja Vijayan 3. Prof. Rakhi Phandse CHILD HEALTH NURSING	1
1. Dr. Usha Ukande 2. Prof. Manju Joshi 3. Prof. Shweta Pattnaik MSN	1

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3.3.5 – Bibliometrics of the publications during the last Academic year based on average citation index in Scopus/ Web of Science or PubMed/ Indian Citation Index

Title of the Paper	Name of Author	Title of journal	Year of publication	Citation Index	Institutional affiliation as mentioned in the publication	Number of citations excluding self citation
Effect of compassion focused th erapy(CFT) on level of depression and self compassion	Vaishali Tiwari Blessy Antony M.K. Acharya	Indian Journal of Mental Health	2018	5.793	Vaishali Tiwari	1
Counseling for distress tolerance, interperso n al relat ionshi p and mindfulnes s among nursing students: a pilot project	Blessy Antony Usha Ukande M. K. Acharya , Pawan Goyal	Internat ional Journal of Recent Trends in Science And Technology	2018	2.838	Blessy Antony	1

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3.3.6 – h-Index of the Institutional Publications during the year. (based on Scopus/ Web of science)

Title of the Paper	Name of Author	Title of journal	Year of publication	h-index	Number of citations excluding self citation	Institutional affiliation as mentioned in the publication
0	0	0	2019	0	0	0

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3.3.7 – Faculty participation in Seminars/Conferences and Symposia during the year :

Number of Faculty	International	National	State	Local
Attended/Semi nars/Workshops	3	16	23	10
Presented papers	3	6	0	0
Resource persons	0	7	3	10

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3.4 – Extension Activities

3.4.1 – Number of extension and outreach programmes conducted in collaboration with industry, community and

Non- Government Organisations through NSS/NCC/Red cross/Youth Red Cross (YRC) etc., during the year

Title of the activities	Organising unit/agency/ collaborating agency	Number of teachers participated in such activities	Number of students participated in such activities
ORS Week Celebration	CCON CHRC	4	10
International Yoga Day	Sunderbai Phoolchand ji Adarsh Shiksha Sansthan (SBPASS) and AYUSH,	5	80
Workshop on CPAP ventilation under the aegis of NHM	CCON and Department of Pediatrics and Neonatology ,Choithram Hospital Research	3	5
Workshop on Birthing practices	CCON	4	10
World No Tobacco	93.5 Red FM	5	12
Workshop on E Waste Management Awareness Campaign	CCON and Madhya Pradesh Vigyaansabha	5	290
Diabetes Day	CCON	5	12
World Kidney Day	CCON	5	70
World TB Day	M.G.M Medical College	5	140
Rabies Day	Nagar Nigam Indore	2	5
Heart Day	Jyoti Niwas Oldage Home 2019	6	20
Cancer Day	IDSS 2018 CCON 2019	6	22
AIDS Day	IDSS 2018 and 2019	5	25
Jhabua Project for improving maternal and child health nutrition	Jan Sahas – Social Development Society(NGO)	5	25
Mission Indradhanush	NHMMinistry of Health and Family Welfare	5	25
View File			

3.4.2 – Awards and recognition received for extension activities from Government and other recognized bodies during the year

Name of the activity	Award/Recognition	Awarding Bodies	Number of students Benefited
Mission Indradhanush Prof.	Participation Certificate: A	NHMMinistry of Health and Family	70

Aradhana Michael	strategic initiative for improving vaccination coverage in identified districts (a PRAGATI initiative).	Welfare	
Pulse Polio Program Prof. Sheetal Saxena	Appreciation certificate	Mukhya Chikitsa Evam Swasthya Adhikari, Indore	60
Natural birthing Dr. Usha Ukande	Strengthening Midwifery Care in India Member of Technical Advisory Committee Govt. of India	NHM, WHO, Ministry of Health and Family Welfare	70
Natural birthing Dr. Usha Ukande	Excellence for Empowering Women and Midwives	Institute of Holistic Medicine, Indore	70
Education leadership Dr. Usha Ukande	Education leadership	Dewang Mehta National Education Awards	350
NHM Prof. Shreeja Vijayan	National Coach NHM Faculty MPNHM	National Health Mission	40
NHM Prof. Shreeja Vijayan	Gold Medalist in Neonatology Nursing Fellowship	National Neonatology Forum	70
Training Program Prof. Aradhana Michael	Project InCharge – CHO Training	IGNOUNHM	60
[View File](#)			

3.4.3 – Students participating in extension activities with Government Organisations, Non-Government Organisations and programmes such as Swachh Bharat, Aids Awareness, Gender Issue, etc. during the year

Name of the scheme	Organising unit/Agency/collaborating agency	Name of the activity	Number of teachers participated in such activites	Number of students participated in such activites
Dastak Abhiyaan	CCON Govt.of India	Pulse Polio program	2	15
Swach Bharat	CCON	Hostel and campus cleaning activity	5	72
AIDS Awareness	CCON with IDSS	Awareness talk and skit	5	25
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3.5 – Collaborations

3.5.1 – Number of Collaborative activities for research, faculty exchange, student exchange during the year

Nature of activity	Participant	Source of financial support	Duration

1. Healthcon'19 National conference on Mental healthcare in India: Challenges and Opportunities	110	SVVV CCON	2

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3.5.2 – Linkages with institutions/industries for internship, on-the- job training, project work, sharing of research facilities etc. during the year

Nature of linkage	Title of the linkage	Name of the partnering institution/ industry /research lab with contact details	Duration From	Duration To	Participant
Clinical Posting of students	Mental Health Nursing Clinical Posting	Banganga Manochikitsalaya, Indore Manovruddhi	05/09/2019	05/10/2019	B.Sc.Nursing III year students (72)
Clinical Posting of students	External Clinical Posting	Holistic Nursing, Bibewadi, Pune	12/11/2018	18/11/2018	M.Sc.Nursing 1st year students
Clinical Posting of students	External Clinical Posting	. NIMHANS, Bangalore	01/08/2019	31/08/2019	M.Sc.Nursing II year students
External clinical Posting for other state nursing colleges	Swa Training	JG CON, Ahmedabad	02/09/2019	14/09/2019	MSc(N)I year 5 students
External clinical Posting for other state nursing colleges	Swa Training	SGL Nursing College Jalandhar	01/12/2018	15/12/2018	MSc(N)II year 4 students
Training on CPAP	Workshop on CPAP	CCON, CHRC and MPNHM	10/01/2019	09/08/2019	staff nurses
Clinical Posting of students	Community Health Nursing Posting	1. Tillore RURAL PHC 2. Depalpur URBAN CHC, BANGANGA URBAN PHC	09/06/2019	31/07/2019	B.Sc.Nursing IV year students (72)
Clinical Posting of students	Obstetrics Gynecology Posting	. Seth Hukumchand Hospital, Indore 2.	01/08/2019	30/09/2019	B.Sc.Nursing IV year students

| | P.C.Sethi GOVT Hospital, Indore | | | (69) |

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3.5.3 – MoUs signed with institutions of national, international importance, other universities, industries, corporate houses etc. during the year

Organisation	Date of MoU signed	Purpose/Activities	Number of students/teachers participated under MoUs
IGNOU NHM	27/11/2019	TRAINING STUDY CENTER FOR COMMUNITY HEALTH OFFICER CERTIFICATE COURSE	60

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CRITERION IV – INFRASTRUCTURE AND LEARNING RESOURCES

4.1 – Physical Facilities

4.1.1 – Budget allocation, excluding salary for infrastructure augmentation during the year

Budget allocated for infrastructure augmentation	Budget utilized for infrastructure development
4654957	4433292

4.1.2 – Details of augmentation in infrastructure facilities during the year

Facilities	Existing or Newly Added
Classrooms with Wi-Fi OR LAN	Existing
Number of important equipments purchased (Greater than 1-0 lakh) during the current year	Existing
Others	Existing
Value of the equipment purchased during the year (rs. in lakhs)	Existing
Video Centre	Existing
Seminar halls with ICT facilities	Existing
Classrooms with LCD facilities	Existing
Seminar Halls	Existing
Laboratories	Existing
Class rooms	Existing
Campus Area	Existing
No file uploaded.	

4.2 – Library as a Learning Resource

4.2.1 – Library is automated {Integrated Library Management System (ILMS)}

Name of the ILMS software	Nature of automation (fully or patially)	Version	Year of automation
LBMS	Partially	In House	2016

4.2.2 – Library Services

Library Service Type	Existing		Newly Added		Total	
Text Books	**3255**	**910247**	**28**	**0**	**3283**	**910247**
Reference Books	**849**	**200000**	**28**	**0**	**877**	**200000**

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4.2.3 – E-content developed by teachers such as: e-PG- Pathshala, CEC (under e-PG- Pathshala CEC (Under Graduate) SWAYAM other MOOCs platform NPTEL/NMEICT/any other Government initiatives & institutional (Learning Management System (LMS) etc

Name of the Teacher	Name of the Module	Platform on which module is developed	Date of launching e-content
NIL	**NIL**	**NIL**	**Nill**

No file uploaded.

4.3 – IT Infrastructure

4.3.1 – Technology Upgradation (overall)

Type	Total Computers	Computer Lab	Internet	Browsing centers	Computer Centers	Office	Departments	Available Bandwidth (MBPS/ GBPS)	Others
Existing	**30**	**1**	**4**	**3**	**1**	**2**	**8**	**3**	**2**
Added	**2**	**0**	**0**	**0**	**0**	**0**	**1**	**0**	**0**
Total	**32**	**1**	**4**	**3**	**1**	**2**	**9**	**3**	**2**

4.3.2 – Bandwidth available of internet connection in the Institution (Leased line)

50 MBPS/ GBPS

4.3.3 – Facility for e-content

Name of the e-content development facility	Provide the link of the videos and media centre and recording facility
Under Process	[**Under Process**](#)

4.4 – Maintenance of Campus Infrastructure

4.4.1 – Expenditure incurred on maintenance of physical facilities and academic support facilities, excluding salary component, during the year

Assigned Budget on academic facilities	Expenditure incurred on maintenance of academic facilities	Assigned budget on physical facilities	Expenditure incurredon maintenance of physical facilites
19856786	**18911225**	**4654957**	**4433292**

4.4.2 – Procedures and policies for maintaining and utilizing physical, academic and support facilities - laboratory, library, sports complex, computers, classrooms etc. (maximum 500 words) (information to be available in institutional Website, provide link)

College has a wellconstructed campus of 5 acres with two college constructions (UG PG block), playground and separate hostels for nursing students. As per the policy of the institution, before the opening of new

tutorial year, Principal and the Heads of the Departments make a specified evaluation of the following extra necessities like • Faculty individuals • Major equipment for the laboratories • Class rooms • Computer structures • Software equipment • Books for the branch and important library. In consultation with other school individuals looking after the infra structural facilities, a targeted budget is prepared and sent to the Trustee (Management) for closing approval. The trustee suggests keen pastime in the advent and enhancement of infrastructure in the Institution for smooth jogging of all the academic, cocurricular and extra curricular things to do and ensures superb educating gaining knowledge of approaches consisting of seminar halls, hostels, institution of labs and other research facilities, improvement in tutorial and administrative infrastructure, renovation of present buildings, water supply, internet connectivity etc. Necessary finances is allotted to upgrade wished infrastructure. Detail of the facilities reachable for Laboratory: College has properly maintained and outfitted 8 laboratories for Nursing Foundation, Advance Nursing (Medical Surgical Nursing), Midwifery and Obstetric Nursing, Child Health Nursing, Community Health Nursing, Nutrition, Counseling, and Language. Inventories are organized yearly and articles, equipments are condemned and bought on normal foundation as per requirement. Library: Total place of library is 2125.77 sq ft, having potential of 100 students with two computer systems for Internet reference and DELNET URKUND facility. It is a nicely furnished library with greater than 3000 concern books, 35 country wide and 07 International journals. The library also subscribes to a number of dailies, magazines and journals. College has constituted an advisory committee for library. Sports College has an outdoor stadium with 400 meter track, volleyball, handball and basketball courts, soccer and cricket floor with well built stadium as well as a swimming pool. A multipurpose indoor stadium with badminton, tabletennis and squash courts, mini gymnasium, yoga hall, auditorium with ability of about 1200 spectators has been developed looking at the want of the hour. Computers Computer lab is geared up with 15 computers with services of a scanner, printer and photocopier. Computer lab is open for the use of all students, faculty and staff. Computer System administrator is assigned to supervise the laptop lab and is available to help college students and faculty. Others College has its personal two buses (50 and 20 seated) using for transportation of college students and instructors for clinical neighborhood posting. A nicely mounted device for waste disposal is working blue inexperienced dustbins/drums are placed on each sides of road in the campus as nicely as preservation protection of physical infrastructure is additionally done, such as smartphone services, security guard, CCTV surveillance in the hostel. Effluent Treatment Plant is working optimally and dealt with water is being used in the maintenance of greenery. Staff quarters have been

www.choithramnursing.com

CRITERION V – STUDENT SUPPORT AND PROGRESSION

5.1 – Student Support

5.1.1 – Scholarships and Financial Support

	Name/Title of the scheme	Number of students	Amount in Rupees
Financial Support from institution	Half freeship	4	488000
Financial Support from Other Sources			
a) National	Scholarship ST SC OBC	75	3654000
b)International	Nil	0	0

5.1.2 – Number of capability enhancement and development schemes such as Soft skill development, Remedial coaching, Language lab, Bridge courses, Yoga, Meditation, Personal Counselling and Mentoring etc.,

Name of the capability enhancement scheme	Date of implemetation	Number of students enrolled	Agencies involved
Yoga	01/01/2018	280	Choithram college of Nursing
Language lab	01/01/2018	15	Choithram college of Nursing
Mindful Meditation	01/01/2018	68	Choithram college of Nursing
Personal counselling	01/01/2018	28	Choithram college of Nursing

5.1.3 – Students benefited by guidance for competitive examinations and career counselling offered by the institution during the year

Year	Name of the scheme	Number of benefited students for competitive examination	Number of benefited students by career counseling activities	Number of students who have passedin the comp. exam	Number of studentsp placed
2019	CHO	2	0	2	2
2018	ESIC	2	0	1	1
2019	AIIMS	1	0	1	1
2019	SDM	1	0	1	1

5.1.4 – Institutional mechanism for transparency, timely redressal of student grievances, Prevention of sexual harassment and ragging cases during the year

Total grievances received	Number of grievances redressed	Avg. number of days for grievance redressal
8	8	3

5.2 – Student Progression

5.2.1 – Details of campus placement during the year

On campus			Off campus		
Nameof organizations visited	Number of students participated	Number of stduents placed	Nameof organizations visited	Number of students participated	Number of stduents placed
Choithram hospital and research center	67	36	Nill	0	31

5.2.2 – Student progression to higher education in percentage during the year

Year	Number of students	Programme graduated from	Depratment graduated from	Name of institution joined	Name of programme

	enrolling into higher education				admitted to
2019	2	Choithram College of Nursing	Nursing	Choithram College of Nursing	M.Sc (N)
2019	2	Choithram College of Nursing	Nursing	M Y GOVT. College of Nursing	M.Sc (N)
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5.2.3 – Students qualifying in state/ national/ international level examinations during the year (eg:NET/SET/SLET/GATE/GMAT/CAT/GRE/TOFEL/Civil Services/State Government Services)

Items	Number of students selected/ qualifying
Any Other	4
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5.2.4 – Sports and cultural activities / competitions organised at the institution level during the year

Activity	Level	Number of Participants
Ganesh Chaturthi	Institution	301
Dance Competetion	Inter college	10
Navratri Celebration	Institution	301
Talent Hour	Institution	68
World Funeba Fedration Members stunt	Institution	301
Diwali Celebration	Institution	301
Childrens Day	Institution	301
Annual Sports Day	Institution	150
Christmas Celebration	Interhouse	301
National Youth Day	Institution	280
Youth Camp	inter college	75
Republic day	Institution	301
International Yoga Day	Institution	301
Annual Day	Institution	301
Independence Day	Institution	301
Teachers day	Institution	125
Onam Celebration	Institution	301
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5.3 – Student Participation and Activities

5.3.1 – Number of awards/medals for outstanding performance in sports/cultural activities at national/international level (award for a team event should be counted as one)

Year	Name of the award/medal	National/ Internaional	Number of awards for Sports	Number of awards for Cultural	Student ID number	Name of the student
2019	State Report pre	National	Nill	1	1397	Ms. Angela

						James
2019	SNA Election	National	Nill	1	1458	Ms.Aleena Elizabeth Mathew

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5.3.2 – Activity of Student Council & representation of students on academic & administrative bodies/committees of the institution (maximum 500 words)

College has an active student nurses association (SNA) unit and other committees. Students get many opportunities to show their talent in extracurricular activities. Our student had been participating regularly and winning various competitions. Student Nurses Association Student Nurses Association (SNA) unit of the college provides all the facilities and opportunities for students to participate in the state and national level arts and sports competition. So, this year also students participated in various competitions and bagged prizes at state and national level. ? Ms. Mercy Johnson, Bsc(N)3rd year won 1st prize in essay competition Ms. Priyanka Meena, B.Sc.(N)3rd year won 3rd prize in poster competition Ms.Angela James, Ms. Aleena Elizabeth Mathew, B.Sc. 2nd year won 3rd prize in state report presentation of SNA. ? SNA mainly focus on the activities like: ? Maintenance of SNA diary of all the activities included in it. ? Exhibitions : various charts and posters on different subjects are made and exhibited ? Public speaking and writing: debate, speech competitions at all levels is held to improve selfconfidence and communication skill ? Projects like health camps, community health survey, mini research project were held ? Various social, cultural and recreational activities are held time to time. ? Students participate in SNA competitions under MP chapter ? Opportunity for students to develop entrepreneurship skills ? The unit has organized world safety awareness week in 2019, where they talked about the traffic rules, safety measures and conducted seminars on the awareness programme. ? The unit has participated in the National Pulse Polio Programme, students participated enthusiastically and immunized children below 5 years of age ? The unit has observed newborn week from 15th21st Nov 2018 on the theme"Preterm birth rewine and thrine". ? The unit has also conducted a health camp on the occasion of world health day and safe motherhood day where the complete assessment including height, weight, BP and BSR ? The unit has also observed the world breastfeeding week from 1st 7th August 2019 on theme"Empower parents, Enable breast feeding" . ? The unit has also observed Yoga diwas and Christmas where the students has participated with zeal and enthusiasm and spread the message of togetherness and love. Other Committees: ? Student Grievance Redressal Cell The cell seeks to resolve the grievances of students in the mature way through person to person, through appointments through suggestion boxes which are kept at suitable places. The grievance redressal cell looks into the matter and tries to solve the problems. Periodic followup is done in order to ensure that the problem has been resolved. This academic year 8 grievances of students has been registered and they redressed and resolved by the grievance redressal cell. ? Antiragging Committee There is a wellfunctioning antiragging committee which frequently checks the ragging issues in the college and in the hostel. The committee makes sure that the fresher students are not ragged by the seniors and have its effect on them. ? Health Committee This committee deals with all the health issues of the B.Sc. and M.Sc (N) students. They maintain the health records of each batch including Hb, weight, height, menstrual records and other health related records. This year total visit to OPD were , . The committee monthly

meets and takes necessary actions for improvement in health status of the students. ? Sports Committee The committee has organized sports meet for SNA competition on 24/09/2019. The events included discs throw, Javelin throw, 100 m race. Students from BSc(N)1st , 2nd , 3rd year participated with enthusiasm and intrest. There were total 9 winners in each game where 1st, 2nd and 3rd rank was allotted to the participants. ? Sociocultural Committee The committee has organized various sociocultural events like Republic Day, Independence Day, Ganesh Chaturti, Navaratri celebration,Children's Day, Teacher's Day, Diwali Celeberation, Christmas celebration etc. the students are given the oppurtunities to explore their talents and give the best out of them. ? Education and library Committee Planned library and study hours are given to students for making learning resources available to them. It helps them to explore new books, national and international journals, delnet etc ? Environmental (Hostel) Committee It mainly focuses on the cleanliness and hygiene of hostel and campus premises. For that they continuously planned supervisory rounds by committee members and meets monthly to discuss the matter related to cleanliness ? Discipline Committee They focus on the conduct of students and maintenance of discipline in the college and hostel.

5.4 – Alumni Engagement

5.4.1 – Whether the institution has registered Alumni Association?

Yes

Yes, our institution has registered Alumni association. Registration done on 21st June 2017 with registration no. 03/27/01/19848/17. The main aims and objectives of this association includes: Promotion and encouragement of friendly relations between members Create spirit of cooperation among the members, safeguard the interest of association and its members, Arrange meetings/conferences/activities/cultural functions/foreign trips for visiting educational institutions for the upliftment of the association and the members, Provide scholarship and rewards to help the poor and needy students, Create centralized information Centre for the benefit of the members for the placement activities.

5.4.2 – No. of enrolled Alumni:

0

5.4.3 – Alumni contribution during the year (in Rupees) :

0

5.4.4 – Meetings/activities organized by Alumni Association :

Annual general meeting of Alumni Association was held on 19th Sept. 2017 • Annual general meeting of Alumni Association was held on 19th Jan. 2018 • Meeting for scholarship was held on 31st Oct 2018. Finalization of deserving candidates for Scholarship held on 06/03/2019 Meeting for awarding scholarship to selected candidates on 27/03/2019

CRITERION VI – GOVERNANCE, LEADERSHIP AND MANAGEMENT

6.1 – Institutional Vision and Leadership

6.1.1 – Mention two practices of decentralization and participative management during the last year (maximum 500 words)

1) Choithram College of Nursing in collaboration with NGO JANSAHAS initiated a Project which included Improving Maternal and Child Health and Nutrition through Pilot Interventions and Capacity Building in Jhabua District of (M.P.). The main objectives of the project are to reduce the prevalence of malnutrition among children form 05 years in the target area. (Jhabua district) 2) To enable

the state actors by building skills and capacities of ICDS workers and helpers, (ASHA,ANM,AWW Midwives) 3) To promote safe child birth practices and knowledge in the pregnant and lactating women. Activities carried out in the year 201819 1) 26/05/2018 28 May 2019 Three days orientation and training programm was organized for project workers under Jansahas Social development society supported by CHRC, for ensuring nutrition among children and health and hygiene among pregnant women in Jhabua. 2) 17/12/2018 Capacity Building Training Programm for Gov. Services Providers in association of CHRC. 3) 27/05/2019 – Health Camp was organized by Choithram College of Nursing Choithram Hospital Research Center at Village Jhulwania district Jhabua. More than 150 people were benefitted by the health camp including adults and children. 4) 23/10/2019 Health Camp organized at Siddheshwar School, district Jhabua. 5) 28/11/2019 Health camp Organized in village Tikdi, Bhodia district Jhabua. 2) 12 days Management Development Training Program for Nursing Superintendents Matrons M.P. organized by Choithram College of Nursing, Indore under Dept. of Public Health and Family Welfare, NHM,DHS, Govt. of Madhya Pradesh, with the objectives to • Describe the role of nurse manager in nursing management. • Enumerate various emerging trends in nursing practice. • Identify issues related to nursing administration and services. • Emphasize on importance of Infection Control Policy. • Explain the objectives, key principles, tools technique of Total Quality Management. • Able to recognize the patients during disaster and categories as per the Triage. • Discuss tips for reducing g stress at work. • Discuss factors affecting Organizational Climate. • Factors influencing Staffing Pattern. • Importance of Recording and Reporting. • Reduce risk of Medication Error through application of prevention strategies. • Explain rational for Evidenced Based Practice implementation to staff, managers and administration. • Discuss the goal and purposes of Nursing Informatics. Training program was conducted in 3 cycles for 12 days each from November 2018 February 2019. Total 70 candidates from different districts of Madhya Pradesh have participated and trained during 3cycles of training program. Training program included the hands on training of nursing administration in that they practiced indenting, MRD records, code blue management, mock drills, CPR, Triaging etc. Chair person for the training Program was Former Principal Dr. Usha Ukande and coordinators were Prof.Sheetal Saxena, Prof.Rakhi Chandel and Prof.Shweta Pattnaik.

6.1.2 – Does the institution have a Management Information System (MIS)?
Yes

6.2 – Strategy Development and Deployment

6.2.1 – Quality improvement strategies adopted by the institution for each of the following (with in 100 words each):

Strategy Type	Details
Curriculum Development	• Feedbacks from the stakeholders of the institution is taken through SMS and manual. • Additional feedback forms are developed in the current year. • The change in the curriculum was adopted as per the MPMSU guidelines and notifications. • Standard Operating Procedures of the College are developed. • Identification of slow learners in beginning of the session and arrangement of Remedial classes are done. • Inservice education for faculty members was conducted on the topic NABH PROCEDURE AND PROTOCOLS" on 19/11/2019 at Nursing Office. • Journal club

	presentation was conducted on 19/11/2019, on the topic "Psychological MedicineMirror Image agnosia" • Planning to organize a state level workshop on – " Nursing Management –Ethical Dilemma"
Teaching and Learning	• Prof. Shreeja Vijayan, HOD, Child Health Nursing Department,CCON, awarded with gold medal for Fellowship in Neonatal Nursing, conducted by National Neonatology forum, India during National conference of NNF AT Varanasi,UP.in December 2018. . • Active participation of Institute through the nursing students during MISSION INDRADHANUSH, MMR Vaccination project and PULSE POLIO ABHIYAN conducted by GOVERNMENT OF INDIA which was appreciated by the GOI in February 2019. • Academic Calendar is planned in the beginning of the session and distributed to the faculty and the students in each academic year. • To enhance the nursing skills, MSc Nursing Final Year students have organized a Health Camp for Institutional 4th Class workers, to screen out the risk for developing Chronic Non communicable diseases among them on 10th May 2019. • Alternative therapy in a major part of Holistic Care, to make the students aware about the dance therapy 1 day workshop on EFFECT OF DANCE MOVEMENT THERAPY ON GERIATRIC PATIENTS was organized on 17 October 2019 by the Resource person Ms.Shubha, Dance Trainer, Social worker from Kolkata.. • To give the live experiences of occupational therapy to sensitize the nursing students, Mental Health Nursing department are conducting exhibition – "EXPRESSION OF INMATES"at Mental hospital where nursing students assist the inmates and enhance their selfsteem by preparing decorative items for the sale. • Clinical learning is improved by concept map and model presentation by the Nursing students. • Skill development through simulation skill lab in the Institution. • Every year BLS training is given to the MSc Nursing Previous year batch. • To grow and inculcate the concept of Holistic care, MSc Nursing Previous year students are posted for their residential posting at Holistic care center, Pune • To aware about the current status, Institution observe all

		the health days.
	Examination and Evaluation	• Formative assessment through the internal assessment plan for the theory and practical chalked out in the beginning of the academic year which includes sessional exams and practical exams. • MPMSU University conducted a Training program for online evaluation system on 3rd October 2018. • Prepared the Academic calendar for the year 201819. • Online submission of examination forms of UG and PG students. • College is the examination centre for MPMSU and DAVV exams. • Slow learners from each batches identified and remedial classes are arranged for their upgradaion.
	Research and Development	• Provision of 400 bedded hospital resources for the research projects. • 2 faculty members are enrolled for Ph.D program in the year 2019. • Regularly Faculty attended conferences, workshops and training programmes on quantitative and qualitative research. • Every year institutional faculty receives best paper/ poster presentation awards in conferences and workshop. In the current year 201819 Mr.Anmol Joseph received Best paper presentation awards and Mrs.Vaishali Tiwari, received best poster award in HEALTH CON 2019 conferences. • Two faculty members Prof. Shreeja Vijayan and Prof.Shweta Pattanik, attended a National Conference –Nursing Research Society of India on the theme Systematic Review atool for EBP and Protocol preparation for systematic review", at MGM,Institute of Health sciences, Navi Mumbai on 2830 November 2019. • Prof. Prachi Awasthi, PhD Scholar attended an International Conference on the theme – New Frontiers in Biological Sciences: Opportunities and Challanges" at Shri Jagdishprasad Jhabarmal Tibriwala University, Rajasthan on 18th November 2019. • In the current year 201819, total 23 Researches have been conducted by MSc Nursing Final year students and 12 research projects from BSc Nursing fourth year students.
	Library, ICT and Physical Infrastructure / Instrumentation	• Added new books in the year 201819 to the library added are 28. • Internet facility (280 mbps) available in the institution. • E Sources enhanced by renewal of DELNET URKUND software for plagiarism. • Continuous update on

	library technology. • Sitting arrangement in the library has been improved. • Child health nursing and OBG Department expand their laboratory. • Institute adopted Smart classrooms technology for virtual teaching classes.
Human Resource Management	• Induction program conducted for newly joined faculty members by the HOD'S of each department in the guidance of Principal of the Institution on 26th November 2019. • Conducting inservice education programme for the faculty members every year in the current year 2 days programme was organized on the Topic "NABH Policies" on –19/11/2019 at Nursing Office. • Recruiting the staff as per the turn over and need. In the current year 201819 total 12 new faculty members are recruited. • Deputation of the faculty for the consultancy outside the state – Prof. Shreeja Vijayan is working with Ministry of Health Family welfare, GOI as National Mentor/Coach Quality Improvement in Lakhshya Project. • Stiuational Burn analysis SPONSORED BY NPPMBI at AIIMS New Delhi on 27th28th May 2019. • 100 placement of BSc Nursing forth year students for the year 201819. • 90 days maternal Leaves are given to the faculty members. • Yearly appraisal to the faculty in terms of designation and salary. This year 3 faculty members were promoted to Professor from Associate Professor. • Medical facilities to the faculty through parent hospital and ESIC act.
Admission of Students	• Admission advertisement has been published in News paper. • Institution has published the news on admissions for the academic year in the website. • Put up a notice on the College notice board regarding admission being opened. • Prepared Prospectus and Application forms three months prior. • Admission applications are available online. • Screening the received applications and shortlist as per the marks obtained in the higher secondary (Physics, Chemistry and Biology). • Entrance exam was conducted on 31/07/2018, 11/07.2018 for academic year 201819, selected candidates in entrance were intimated the same and conducted exam counselling. • Selection is made based

	on the merit, eligibility, marks of 12thcounselling. • Total intake of BSc Nursing first year students were – 169 enquired and submitted forms and 72 students were selected out of 169 for the year 2018.
Industry Interaction / Collaboration	Cancer Awareness Programme and screening at Vecommercial Ltd Eicher Pithampur Dhar on 21st/1/19 Health Checkup camp at Candor textiles Pvt Ltd, Ashrawad Khurd Khandwa Road on 8/1/19 Awareness Programme on hormonal disturbance among Women at Impetus Software Pvt Ltd IT park Indore on 7/3/19

6.2.2 – Implementation of e-governance in areas of operations:

E-governace area	Details
Planning and Development	• All the planned programmes / events of the institution are displayed on the website. (list attached) • Online feedback forms are available on the institutional website (www.cconursing.com). • Institution promotes Elearning through conducting regularly smart classes, webinar, online courses
Administration	• Major mode of communication in the institution is through Email. • Online forms are filled for Scholarship. • Fee of the students is paid through online mode / NEFT
Finance and Accounts	• Salary of the employees is directly transferred to their salary account. • Students are paying their institutional fees through NEFT/online mode of payment.
Student Admission and Support	• Online admission forms are available on college website. • Information regarding admission is displayed on the website of the institution. • Anti ragging local committee is formulated and displayed on the website. • Students have their own ID and password in MPMSU, Jabalpur university
Examination	• Online submission of examination forms of UG and PG students. • University has conducted a training programme for the online evaluation system.

6.3 – Faculty Empowerment Strategies

6.3.1 – Teachers provided with financial support to attend conferences / workshops and towards membership fee of professional bodies during the year

Year	Name of Teacher	Name of conference/ workshop attended for which financial support provided	Name of the professional body for which membership fee is provided	Amount of support
2019	Prof.Aradhana Michael	Situational analysis of burn injuries	NPPMBI (national programme fore prevention management of burn injuries)	9500
2019	Ms. Namita Barathe	Mental health nursing clinical posting NIMHANS ,Bangalore	choithram college of nursing,Indore	8500
2019	Ms. Asha nair	National SNA biennel conference	choithram college of nursing, Indore	10000
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6.3.2 – Number of professional development / administrative training programmes organized by the College for teaching and non teaching staff during the year

Year	Title of the professional development programme organised for teaching staff	Title of the administrative training programme organised for non-teaching staff	From date	To Date	Number of participants (Teaching staff)	Number of participants (non-teaching staff)
2019	National conference Health CON'19.	nil	18/11/2019	20/11/2019	8	Nill
2019	nil	Finance app	12/12/2019	12/12/2019	Nill	5
2019	MIS	MIS	18/12/2019	18/12/2019	1	5
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6.3.3 – No. of teachers attending professional development programmes, viz., Orientation Programme, Refresher Course, Short Term Course, Faculty Development Programmes during the year

Title of the professional development programme	Number of teachers who attended	From Date	To date	Duration
Induction programme for new faculty members.	12	30/11/2019	31/12/2019	2
diploma in para legal practices by IGNOU One year	1	01/03/2019	31/12/2019	730

diploma course				
STRESS MANAGEMENT PROFESSIONAL COURSE BY ISMA	1	18/12/2019	31/12/2019	90

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6.3.4 – Faculty and Staff recruitment (no. for permanent recruitment):

Teaching		Non-teaching	
Permanent	Full Time	Permanent	Full Time
11	27	7	20

6.3.5 – Welfare schemes for

Teaching	Non-teaching	Students
• Medical benefits for the employees by 75 concession in the parent hospital. • Quarter facility for the employee. • Benefits for special leave, casual leave, earned leave and maternity leave,GRADUATY. • Staff development programm cell organizes Christmas, Onam and diwali celebration and picnic. • Inservice Education was conducted on the topic – NABH Protocol Procedure.	Medical benefits for the employee through ESI. • Provision of casual leaves. • PF	• Medical benefits for the students by 15 concession. • Encouraging students to apply for scholarship from the university and other state funding agencies, TNAI and SNA. • HALF FREESHIP • Free annual health check up for students. • Students participated in State National conference of SNA ON 16/10/19 18/10/19.

6.4 – Financial Management and Resource Mobilization

6.4.1 – Institution conducts internal and external financial audits regularly (with in 100 words each)

• Internal Audit Institute conduct regular audit according to the departments. All the department having their own inventory, monthly inventory check is done by the department members which is verified by Head of the Department and then by Principal. Head of the Department identify the need for any new item in the department and then put the demand. • External Audit It is done on yearly basis by the auditor of the Choithram Hospital and Research centre. CA visited the institution on 29/11/2019, and audited the data.

6.4.2 – Funds / Grants received from management, non-government bodies, individuals, philanthropies during the year(not covered in Criterion III)

Name of the non government funding agencies /individuals	Funds/ Grnats received in Rs.	Purpose
NA	0	NA

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6.4.3 – Total corpus fund generated

0

6.5 – Internal Quality Assurance System

6.5.1 – Whether Academic and Administrative Audit (AAA) has been done?

Audit Type	External		Internal	
	Yes/No	Agency	Yes/No	Authority
Academic	No	NIL	Yes	IQAC
Administrative	No	NIL	Yes	IQAC Core members and faculty

6.5.2 – Activities and support from the Parent – Teacher Association (at least three)

) Participation of parents in lamp lighting and graduation ceremony of their wards in the year 201819. 2) Quarterly conducting Parents Teacher meeting. 3) Institution orientation programme for parents was conducted on 31/07/2018 18/06/2019 in hospital Auditorium. 4) Created official social media group of parents and concerned teachers for regularly updating them regarding curricular and extra curricular activities of their ward.

6.5.3 – Development programmes for support staff (at least three)

Finanace app for student fees updation training was conducted on 12/11/19. class mate app PORSHO for MIS.

6.5.4 – Post Accreditation initiative(s) (mention at least three)

Choithram College of Nursing in collaboration with NGO JANSAHAS initiated a Project which included improving maternal and child health and Nutrition through pilot interventions and capacity building in Jhabua District of (M.P.) was initiated in 2017 and still continued. 2) 12 days Management Development Training Program for Nursing Superintendents Matrons M.P. organized under Dept. of Public Health and Family Welfare, NHM, DHS, Govt. of Madhya Pradesh. 3) Mental Health Training Programm for staff Nurses initiated by national Health Mission and Choithram College of Nursing

6.5.5 – Internal Quality Assurance System Details

a) Submission of Data for AISHE portal	Yes
b)Participation in NIRF	Yes
c)ISO certification	No
d)NBA or any other quality audit	No

6.5.6 – Number of Quality Initiatives undertaken during the year

Year	Name of quality initiative by IQAC	Date of conducting IQAC	Duration From	Duration To	Number of participants
2019	Series of CPAP workshop continued	30/08/2019	30/08/2019	31/08/2019	40
2019	Project JANSAHAS continued	26/05/2019	26/05/2019	28/11/2019	500
2019	Mental Health Training Programm for staff nurses under	02/01/2019	02/01/2019	07/03/2019	219

2018	12 days, Management Development training Programm under NHM, Gov.of MP	12/11/2018	12/11/2018	02/02/2019	70

(NHM,Gov.of MP)

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CRITERION VII – INSTITUTIONAL VALUES AND BEST PRACTICES

7.1 – Institutional Values and Social Responsibilities

7.1.1 – Gender Equity (Number of gender equity promotion programmes organized by the institution during the year)

Title of the programme	Period from	Period To	Number of Participants	
			Female	Male
Empowering women for Personal safety	09/05/2019	09/05/2019	86	3

7.1.2 – Environmental Consciousness and Sustainability/Alternate Energy initiatives such as:

Percentage of power requirement of the University met by the renewable energy sources
a) USE OF ECOFRIENDLY MATERIALS On occasion of Ganesh Chaturthi, the idol of Lord Ganesha was made using clay and best out of waste, also 'Ganeshvisarjan' was done in the campus and water was used for nurturing the plants. b) WAR FOR PURITY During the program students of B. Sc. Nursing carried a rally with posters slogans with the theme "Shudh Ke Liye Yudh" which awakened people against adulteration. March was organized with the instructions of Chief Minister Kamal Nath Ji to make Madhya Pradesh free from food adulteration. This walking march began from Madhumilan Square to RNT square. c) AQUA AERO WATER SUPPLY SYSTEM A new aqua aero water purifier system was implanted in the hostel for safe drinking water also the residual water is reused for mopping and washing purposes. d) SOLAR PANELS Solar panels are already mounted on the rooftop of the hostel, for warm water circulation for students use. e) CONTRIBUTION IN SWACHH BHARAT ABHIYAN Government of India initiated SwachhBharathAbhiyan in which Indore consistently bagged 1st rank as cleanest city in India for the year 2019. Choithram college of nursing contributed in this campaign by motivating students and promoting environmental consciousness among them, they were also involved in cleaning the campus by following the waste segregation norms as placed by the government: Dry Wastes and Wet Waste. It is practising in college as well as in hostel. f) RESTRICTED USE OF PLASTICS A strict resolution has been taken by us on not to use any plastic disposables on any occasion which is replaced by ecofriendly paper bags and is still continuing till now

7.1.3 – Differently abled (Divyangjan) friendliness

Item facilities	Yes/No	Number of beneficiaries
Ramp/Rails	Yes	0

7.1.4 – Inclusion and Situatedness

Year	Number of initiatives to	Number of initiatives	Date	Duration	Name of initiative	Issues addressed	Number of participating

	address locational advantages and disadvantages	taken to engage with and contribute to local community					students and staff
2019	1	3	27/05/2019	1	Jansahas project	Nutrition among children •Health and hygiene among pregnant women •Health and hygiene among lactating women	9
2019	1	1	27/09/2019	1	School health program on world rabies day	Physical examination •BMI •Visual activity • HB esti mation	45
2019	1	1	22/10/2019	1	School health program	• CPR 10 demons trated	14
2019	1	1	28/09/2019	1	World Heart day	• Physical examination •BSR •Visual activity • HB esti mation	15
2019	1	1	13/05/2019	1	World Nurses Day	• Physical examination •BMI •Visual activity • HB esti mation	27
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7.1.5 – Human Values and Professional Ethics Code of conduct (handbooks) for various stakeholders

Title	Date of publication	Follow up(max 100 words)
NIL	Nill	NIL

7.1.6 – Activities conducted for promotion of universal Values and Ethics

Activity	Duration From	Duration To	Number of participants
a) Moral education	01/10/2018	31/12/2019	75
b) Gandhi's values in life of a youth	04/10/2019	04/10/2019	251
c) National Youth day	12/01/2019	12/01/2019	100
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7.1.7 – Initiatives taken by the institution to make the campus eco-friendly (at least five)

a) SOLAR PANELS Solar panels are already mounted on the rooftop of the hostel, for warm water circulation for students use b) CONTRIBUTION IN SWACHH BHARAT ABHIYAN Government of India initiated Swachh Bharath Abhiyan in which Indore consistently bagged 1st rank as cleanest city in India for the year 2019. Choithram college of nursing contributed in this campaign by motivating students and promoting environmental consciousness among them, they were also involved in cleaning the campus by following the waste segregation norms as placed by the government: Dry Wastes and Wet Waste. It is practising in college as well as in hostel. c) WAR FOR PURITY During the program students of B. Sc. Nursing carried a rally with posters slogans with the theme "ShudhKeLiyeYudh" which awakend people against adulteration. March was organized with the instructions of Chief Minister Kamal NathJi to make M.P free from food adulteration. This walking march began from Madhumilan Square to RNT square d) RESTRICTED USE OF PLASTICS A strict resolution has been taken by us on not to use any plastic disposables on any occasion which is replaced by ecofriendly paper bags and is still continuing till now. e) USE OF ECOFRIENDLY MATERIALS On occasion of Ganesh Chaturthi, the idol of Lord Ganesha was made using clay and best out of waste, also 'ganeshvisarjan' was done in the campus and water was used for nurturing the plants. g) AQUA AERO WATER SUPPLY SYSTEM A new aqua aero water purifier system was implanted in the hostel for safe drinking water also the residual water is reused for mopping and washing purposes.

7.2 – Best Practices

7.2.1 – Describe at least two institutional best practices

a) The Community Health Nursing Department of Choithram College of Nursing organized a CPR 10 Skill Training Program on 22/Oct/19 at Govt. School Banganga under the Guidance of Prof. Sheetal Saxena (Officiating principal). A total of 150 Govt. School Girls were trained in this. Repeated demonstration was done by girls which helped them to be aware of life saving techniques. b) Mental Health Nursing Department of Choithram College of Nursing is using movies based on Psychiatric disorders as innovative teaching method for B.Sc. Nursing and M.Sc. Nursing students in clinical area. Movies help to engage students and allow highlighting important topics also to build interest in them. Various Psychiatric disorders were shown using cinematographic motion pictures. Disorders such as Depression, PTSD, Substance Abuse, Alzheimer's disease, and Schizophrenia were covered, which widened the understanding of symptomatology of disorders. Also it enabled students to differentiate between various look alike disorders. A discussion was kept which included all the aspects of disorders. After the clips were shown, main points were highlighted and underling doubts were cleared. Visualizing the disorders in a real like dramatic motion pictures gave a reality presentation of the Psychiatric disorders which made concepts intelligible. c) To impart critical selfdefence

and confidence training to Our B.Sc. (N) studentsthey participated in Mission Sahasi Mega demonstration. A Joint Initiative of ABVP Vidyarthi Nidhi in Association with Shifujis Mission Prahar. "Making of the fearless"the tagline for this project is salience of training by Master Trainer ShifujiShaurya Bhardwaj, during the program simple ways of selfdefence were taught to the girls to raise awareness and protection.

Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website, provide the link
http://choithramnursing.com/naac/iqac/best-practices/

7.3 – Institutional Distinctiveness

7.3.1 – Provide the details of the performance of the institution in one area distinctive to its vision, priority and thrust in not more than 500 words

"Improving maternal and child health and nutrition through pilot intervention and capacity building of Health Care Workers in Jhabua dist." By "Jan Sahas" NGO and "Choithram College of Nursing" The idea of this project is to target malnutrition in children right from the time they are conceived, keeping in mind the maternal health was visualized in one of the meetings between Jan Sahas and Choithram. As, Jan Sahas had experience in working around Nutrition and Choithram was expert in working with women to promote safe and natural childbirth. So, both the organizations joined hands together to work for this project. This Project is still continuing with its aim. During the year of 20182019 many activities had been conducted under this Project. Two days visit and training for the JANSAHAS team members was organized on 23/2/19 and 24/2/19 regarding places to visit and to meet with mothers to talk about their reported health issues like normal and Csection deliveries and indications, cases of late cord cutting, status of anemia among mothers and other related complications. Training for field workers of Jansahas was also conducted. As per the project proposal to cover the Maternal Child Health a health camp was organized on 27/05/19at village Julvaniya, District Jhabua (M.P). Under the camp registration followed by monitoring Ht. and weight, B.P, Hb, and blood sugar done of all the people who attended the camp. A total number of 49 antenatal and 1 postnatal mother attended the camp. Antenatal checkup was done including monitoring Ht. and weight, B.P, Hb, and blood sugar, antenatal palpation and FHR monitoring of every antenatal mother. Two days "Capacity Building and Training Programme" was conducted for government health care providers (AWWs, ANMs, and ASHAs) on 28th and 29th of August 2019 in Shanti Niketan Hall, Jhabua with the coordination of Jansahas group and Choithram College of Nursing. Total 104 participants attended the program. In this program normal and warning signs of pregnancy, Respectful Maternity Care and Demonstration class on antenatal exercise were dealt and taught to the health care providers. Another health camp was organized by Choithram in collaboration with Rotary club NGO Jansahas on 23rd October 2019 at Aadarsh School Siddheshawar, Jhabua. Total 230 people registered in the camp. Out of 105 antenatal mothers and 2 Gyanec cases registered for the health checkup. Choithram College of Nursing under the aegis of NATIONAL HEALTH MISSION (Govt. of India project) organizedMental health Training Program for the staff nurses working at various CHCs, PHCs and UPHCs of Madhya Pradesh. The purpose was to train staff Nurses working at grass root level (At various CHCs, PHCs and UPHCs of Madhya Pradesh) for early identification and referral of mental illness in the community. In this Training Program 219 Staff Nurses of 45 Districts of Madhya Pradesh were benefited. During this program expert Faculties were invited from Rajasthan, Gujarat, Chhattisgarh and Maharashtra states. This training program conducted in a total of 10 cycles started in the month of January March 19

Provide the weblink of the institution
http://choithramnursing.com/

8.Future Plans of Actions for Next Academic Year

 1. Planning for development of e learning module Capacity Building Program for Nursing Faculty. 2. Uptake and implementation of government training program. 3. Short Skill Training Program for undergraduates on Natural Birthing. 4. Planning for conduct webinars in collaboration with other apex institutions. 5. Intellectual Property Rights. 6. Learning Management System.